Sorting on Plan Design: Theory and Evidence from the ACA*

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Abstract

Should health insurance plans be standardized? This paper offers new insights by exploring both theoretically and empirically the implications of variation in plan designs for the functioning of health insurance markets. I develop a model that allows for rich contract designs along multiple cost-sharing attributes within coverage levels. The model predicts that under asymmetric information, people with different health risk will demand plans with different designs. I test for the existence of this type of selection on plan design in the ACA Exchange and find that a) variation in the cost-sharing designs within coverage tiers create significant differences in the risk protection offered by plans and b) enrollees sort differentially by health status in ways consistent with the theoretical predictions. I show that the consequences of regulating away design variation within coverage tiers depend on both the extent of risk adjustment regulations and consumer confusion in the market. JEL Codes: D82, G22, I13.

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In the United States, consumers often face choices among health insurance plans with complicated financial designs. Plans can differ along multiple financial dimensions. For example, a typical plan available in the Affordable Care Act (ACA) Exchange has a deductible, some coinsurance rates for certain services after reaching the deductible, and an out-of-pocket limit. The economic forces behind this variation in the financial design of insurance impact our understanding of how insurance markets operate. Further, understanding such variation is key for policy discussions on insurance design regulations and the standardization of insurance products.

The existing literature provides an incomplete explanation of the underlying economic forces driving variation in plan designs. Under asymmetric information, consumers with different risks will sort into different insurance coverage (Rothschild and Stiglitz 1976). The literature has focused on sorting on the level of coverage along a single dimension, such as deductibles. However, any level of coverage can be achieved by many different insurance designs, using various combinations of financial attributes. It remains an open question which plan designs will emerge under different market conditions and, by extension, why plans vary along multiple financial dimensions. I explore this issue both theoretically and empirically and demonstrate that asymmetric information can generate substantial variation in insurance plan designs.

I begin the paper with theoretical analysis in a setting with asymmetric information in loss distributions and no moral hazard concerns. I demonstrate that asymmetric information distorts not only the levels of coverage consumers seek but also the plan designs they will prefer. In insurance economics, a classic result shows that when risk-averse consumers face premiums reflecting their level of risk, the optimal plan design is one with a straight deductible, in which consumers pay full losses below the deductible and make no payment once they reach the deductible (Arrow 1963; Gollier and Schlesinger 1996). Straight-deductible designs provide the lowest variance of uninsured losses among all designs. However, I show that when there is no risk-based pricing—either because consumers have hidden information in loss distribution that is not observable to insurers or because of community rating regulations—the classic result holds only for higher-risk consumers. Asymmetric information creates a force that pushes lower-risk consumers to choose plan
designs with more coverage for smaller losses (in the form of coinsurance) while forgoing coverage on larger losses (in the form of higher out-of-pocket limits).\footnote{In my framework, consumers have multiple loss states. Lower (higher) risk types are defined as individuals having a distribution of losses weighted more heavily toward smaller (larger) losses.}

Using formal proofs and simulation examples, I demonstrate that this theoretical prediction holds both in an unregulated competitive separating equilibrium and in regulated markets with perfect risk adjustment. In a competitive market, plan prices reflect the cost of consumers who actually enroll. In such environments, lower-risk consumers want insurance coverage but also want a plan that higher-risk consumers find unattractive. Plan designs that offer relatively strong coverage for smaller losses but high out-of-pocket limits strike this balance for lower-risk consumers. Under perfect risk adjustment, plan prices reflect the average cost of coverage under that plan for the full population. In this market, lower-risk consumers cross-subsidize higher-risk consumers and face prices reflecting market-average risk levels. Lower-risk consumers generally prefer plans covering more of their own losses. Given a fixed premium level, a plan offering more coverage for smaller losses and less coverage for larger losses gives lower-risk consumers more coverage than a straight-deductible plan.

In the second part of the paper, I examine the empirical relevance of sorting by plan design in the ACA Federal Exchange (healthcare.gov), a market with risk-adjustment regulations. I combine publicly available data on the cost-sharing attributes, premiums, enrollment, and claims costs for plans launched between 2014 and 2017 in this market. The ACA Federal Exchange organizes plans into four “metal tiers” based on the level of coverage they provide for a benchmark average population: Bronze (60%), Silver (70%), Gold (80%), and Platinum (90%). Within these tiers, insurers have significant latitude in designing the cost-sharing attributes of their plans in different combinations. I document that insurers use this latitude to offer plans whose designs vary substantially. For example, consider the Gold tier, where plans should cover around 80% of costs for the benchmark average population. I find that on average, a consumer shopping for plans in this tier face options with out-of-pocket limits varying by more than $2,000 within a county. This variation in plan designs within a metal tier is stable over time in the data, with no clear trends toward more plans with higher out-of-pocket limits or toward straight-deductible
designs. Further, I find that the variation in plan designs is widespread among counties and insurers.

The variation in financial attributes translates to economically meaningful differences in the risk protection provided by different plans in the same coverage tier. I quantify the design variation across plans by calculating the expected utility of choosing each plan for an individual with a market-average distribution of health risk and a moderate degree of risk aversion. For such an individual, the straight-deductible plan offers the best risk protection. Sorting into the other plans available in each tier can have utility costs equivalent to as much as $1,000 per year.

Variation in plan design creates room for sorting by risk type in the ACA market. My theoretical model predicts that plans with straight-deductible designs will be attractive to those with average to above-average risk but will be unattractive for lower-risk consumers. Using plan-level claims costs and insurer-level risk transfers collected from the Uniform Rate Review data set, I find that within a metal tier, the straight-deductible plans are chosen by individuals with significantly larger ex-ante risk scores and ex-post medical expenditure. My theoretical prediction that consumers will sort by risk level into different plan designs is reflected in these measures.

In the absence of risk adjustment, straight-deductible plans attracting higher-cost enrollees would be expected to put pressure on the premiums of those plans. However, I find that premiums are similar for different plan designs in the same metal tier, suggesting that the risk adjustment scheme and pricing regulations in the ACA Exchange blunt the pass-through of these selection differences to consumers. Ultimately, the patterns of sorting by risk type help explain why a wide range of plan designs can emerge in this market, while the effectiveness of the risk-adjustment scheme helps explain why the market does not converge to the designs that attract lower-risk consumers.

The theory and empirical analysis presented here highlight how asymmetric information in risk types can explain the variation in plan designs. However, moral hazard is another rationale for the existence of non-straight-deductible plans. Theoretical research has shown that moral hazard can affect the optimal plan design, changing either the deductible level or the form of coverage (Zeckhauser 1970). Although models with moral hazard can help explain why plan designs are complex, they offer no ready explanation for
the simultaneous existence of different plan designs. Empirically, my results using risk scores illustrate that the expenditure differences within an ACA coverage tier are mainly driven by selection and cannot be explained by moral hazard alone. Interesting dynamics might be at play when people have asymmetric information about their moral hazard responses. Those considerations are outside the scope of this paper, but could be a valuable direction for future research.

In the last part of the paper, I explore the implications of variation in plan designs for market efficiency and regulation. I construct realistic distributions of health risks derived from Truven MarketScan data and use levels of risk aversion estimated in the literature.\(^2\) I then simulate the plans chosen by each risk type when all plans are available in the market, or when only straight-deductible plans are available. Finally, I calculate the difference in market efficiency between these two environments.\(^3\)

I find that the effects of variation in plan design on efficiency depend on the underlying market conditions. In a market with perfect risk adjustment, the existence of plan-design variation has a relatively small and ambiguous impact on market efficiency. Under risk adjustment, lower-risk consumers are inefficiently under-insured because they respond to market-average prices. For a given price, plans with non-straight-deductible designs provide more insurance to lower-risk consumers. This benefit can help offset consumers’ inefficiently low levels of coverage. On the margin, however, consumers’ decisions may be inefficient because the marginal price they pay for the additional coverage under these designs may be below the marginal cost of providing it to them. Ultimately, the overall impact of removing non-straight-deductible plans depends on the relative importance of the two effects and is ambiguous in risk-adjusted markets.

In unregulated competitive markets, however, plan design variation—specifically, the existence of plans with low deductible and high out-of-pocket limits—helps sustain a more efficient separating equilibrium. When people can sort along only one dimension of cost-sharing (i.e., deductibles), lower-risk consumers end up sacrificing substantially more

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\(^2\) I use the k-means clustering method to group people based on age, gender, prior expenditure, and pre-existing conditions. Then I estimate separate spending distributions within these groups.
\(^3\) Market efficiency is defined as each consumer’s willingness to pay for the chosen plan and the cost to insurers to provide that plan, weighted by each consumers’ population size.
coverage to avoid pooling with higher-risk individuals and may drop out of the market completely.

To quantify the potential benefits of regulating plan designs in the ACA market, I use a multinomial logit model to simulate a counterfactual scenario where the actual exchange plans are replaced with straight-deductible plans that carry the same premium. Consistent with my general simulations for markets with risk adjustments, I estimate that overall efficiency for the ACA would be only slightly higher ($10 per person per year) with regulated plan designs. I also extend the model to allow for the possibility that some consumers make mistakes when selecting plans, which has been shown to be an issue in health insurance choice in other settings (e.g., Abaluck and Gruber 2011, 2019; Bhargava, Lowenstein and Sydnor 2017). Plans with high out-of-pocket limits create the possibility of a costly mistake for higher-risk consumers, who are disproportionately adversely affected by such plans. I show that the efficiency benefits of regulating plan designs in the ACA Exchange are significantly higher if a moderate share of consumers makes plan-choice mistakes.

This paper contributes to three streams of literature. First, I build on and offer new insights into the literature on insurance coverage distortions under asymmetric information (Rothschild and Stiglitz 1976; Crocker and Snow 2011; Hendren 2013; Handel, Hendel, and Whinston 2015; Veiga and Weyl 2016; Azevedo and Gottlieb 2017), and specifically the literature on multidimensional screening when there exists hidden information along multiple loss states.\(^4\) This paper presents evidence of a similar channel of selection in the health insurance market: sorting by multidimensional cost-sharing attributes. The findings on sorting by complex designs extend the literature on contract distortions in competitive equilibria with break-even premiums. My model also highlights that sorting into multiple designs will happen even in a market with perfect risk adjustment.

Second, my analysis of the ACA Exchange highlights the empirical relevance of adverse selection in the market with risk adjustment. I combine publicly available data sets in a novel way to show that selection happens both across metal tiers and in different designs within a tier. Prior literature shows that risk-adjustment schemes are imperfect and

\(^4\) Examples include annuity market (Finkelstein, Poterba, and Rothschild 2009; Rothschild 2015) and bundled coverage for multiple perils (Crocker and Snow 2011).
insurers exploit such imperfection by using non-price attributes to attract profitable consumers. I find, however, that despite possible imperfections in the ACA risk-adjustment scheme, it is effective at flattening the effect of adverse selection on premiums across plans with different financial designs.

Finally, the research presented in this paper identifies an understudied mechanism shaping the complex financial plan designs in insurance markets. Previous studies have found that moral hazard (Pauly 1968; Zeckhauser 1970; Einav et al. 2013), nonlinear loading factors or risk-averse insurers (Raviv 1979), background risk (Doherty and Schlesinger 1983), and liquidity constraints (Ericson and Sydnor 2018) can lead people to select into these types of plan designs. This paper illustrates how asymmetric information can also rationalize complex plan design variation. I find empirical evidence that different risk types sort on different plan designs, suggesting that this mechanism can play a role in rationalizing observed plan offerings and sorting in the ACA Exchange.

The rest of the paper is organized as follows: in Section 2, I lay out the conceptual framework and derive the conditions leading to design distortion. In Section 3, I examine the issue empirically using the ACA Federal Exchange data. In Section 4, I discuss the implications for regulating plan designs. The final section concludes.

2 Conceptual Framework of Optimal Plan Design

Arrow (1963) began a large literature exploring the optimal design of insurance plans in the absence of moral hazard concerns. A classic result from this literature is that straight-deductible plans offer optimal risk protection (Arrow 1963; Gollier and Schlesinger 1996). Under such plans, consumers pay full losses out-of-pocket before the deductible level and get full insurance once they reach the deductible level. However, whether the straight-deductible design remains optimal hinges on the assumption that all plans are priced based on individual risk. With heterogeneous risk types and asymmetric information, theorems establishing the optimality of straight deductible plans do not apply. I show that in general, higher-risk consumers will sort into straight-deductible designs while lower-risk

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5 Examples include managed care (Frank, Glazer, and McGuire 2000), provider network (Shepard 2016), drug formulary (Geruso, Layton, and Prinz 2019), and advertisement (Aizawa and Kim 2018).
consumers choose designs that allow them to trade more coverage for smaller losses with less coverage for worst-case events.

2.1 Model Setup

Setting. Individual $i$ faces uncertainty. I model this uncertainty via a set of finite states $S$ with generic element $s$. The realization of $s \in S$ is uncertain, with state $s$ obtaining with probability $f_s^i$ for individual $i$. Each state $s$ is associated with a loss $x_s$. Individuals differ from each other by the probabilities of experiencing each loss state. Let $f_s^i$ denote the probability of individual $i$ being in state $s$. This model generalizes the binary loss environment by allowing individuals to have more than one possible loss amount.

I consider a general state-dependent insurance plan that captures the wide range of potentially complex plan design consumers could desire. Specifically, an insurance plan is defined as a function $l: s \rightarrow R^+$. I also define $l_s \equiv l(s)$ as the value of the function evaluated at $s$, so $l_s$ represents the insurer indemnity in state $s$. The insurance payment $l_s$ satisfies the condition $0 \leq l_s \leq x_s$, which implies the insurance payment is non-negative and no larger than the size of the loss. The expected insurer indemnity for individual $i$ is $\sum_s f_s^i l_s$.

The financial outcome (consumption) after insurance in each loss state is $w_l - x_s + l_s - p(l)$, where $w_l$ is the non-stochastic initial wealth level and $p(l)$ represents the premium of plan $l$. In the baseline model, I assume individuals have a concave utility function $u_i$ over the financial outcome of each loss state: $u_i' > 0, u_i'' < 0$. Consumers are offered a menu of contracts $C$ and choose the plan maximizing their expected utility:

$$\max_{l \in C} \sum_s u_i(w_l - x_s + l_s - p(l))f_s^i. \quad (1)$$

In the following analysis, I assume three different market conditions: risk-based pricing, separating competitive equilibrium, and a market with perfect risk adjustment. Under each case, the menu of plans ($C$) faced by individuals and the premium of each plan $p(l)$ will be different.

Case 1. Single Risk Type/Risk-Based Pricing.

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$^6$ In this setup, I consider discretely distributed loss states. The setting and proofs can be extended to a scenario where losses are continuous distributed.

$^7$ The model does not allow ex-post moral hazard responses. I consider the robustness of the main results using a model incorporating ex-post moral hazard in Section 2.3.3.
I first show that if there is a single risk type in the market (or, equivalently, if risk types are fully known and can be priced), and if all contracts have equal loading, then the optimal plan has a straight deductible design. This is a specific case of the classic results of Arrow (1963) and Gollier and Schlesinger (1996) by assuming premiums is a linear function of expected covered losses.

For this single-risk-type case, I drop subscript $i$ for simplicity of exposition. Assume perfectly competitive insurers set premiums as a linear function of the expected covered expenditure: $p(I) = \theta \sum_s f_s l_s + c$, where $\theta \geq 1$ is a proportional loading factor, and $c \geq 0$ is a fixed loading. The premium of insurance plan $I$ is:

$$p(I) = \theta \sum_s f_s l_s + c.$$ 

Suppose further that all possible insurance contracts are available and priced this way. Proposition 1 states the form of optimal insurance in this case:

**Proposition 1.** [Arrow: The Optimality of Straight-Deductible Plans under Risk-based Pricing] Suppose there is a single risk type in the market, and the premium is a linear function of the expected covered expenditure. For any fixed loading factors, the expected-utility-maximizing contract is a straight deductible plan.

Proof: See Appendix A.

One way to see the optimal insurance is to consider the first-order-condition:

$$u_s' \leq \theta \sum_t u_t' f_t, \forall s,$$

with equality if $l_s > 0$.

The left-hand side represents the marginal benefit of the reduction in out-of-pocket costs, and the right-hand-side represents the marginal costs (via the effects on premium) of increasing coverage for that loss state. The left-hand side is a decreasing function with regard to $l_s$ because $u_s'' < 0$ for all loss states (consumers are risk averse). When $\theta = 1$, the left-hand side can be the same for all loss states. Essentially, individuals get full insurance. When $\theta > 1$, $u_s' < \theta \sum_t u_t' f_t$ for small loss states and thus $l_s = 0$ (no coverage for smaller losses). When $x_s$ is large enough, $l_s > 0$ and $u_s'$ is the same across these loss states. This implies that for these loss states the consumption, $w - x_s + l_s - p(I)$, is

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8 The loadings capture costs of operation for the competitive insurers.
constant. As a result, consumers pay a fixed deductible \((x_s - l_s)\) in these states. In summary, when \(\theta > 1\), the optimal insurance is in the form of no coverage for small losses, and a deductible once the loss is large enough. Intuitively, a straight-deductible plan smooths consumption for large losses and has the lowest variance in uninsured risk, holding fixed the premium. The deductible level is determined by the loading factor and risk aversion level.

**Case 2. Asymmetric Information with Separating Equilibrium**

Now consider the case where there are two risk types \((L \text{ and } H)\) equally distributed in the market. Their respective probabilities of being in state \(s\) are \(f^L_s\) and \(f^H_s\), and the utility functions are \(u^L\) and \(u^H\) respectively. Let \(l^*_Ls\) and \(l^*_Hs\) denote the utility-maximizing insurance payment in state \(s\) for each type. There is asymmetric information in the market: insurers cannot distinguish \(L\) from \(H\) ex-ante, or they could not charge different premiums for the same plan because of community rating regulations.

Analogous to Rothschild and Stiglitz (1976), consider a potential separating equilibrium where one risk type \((H)\) gets the optimal contract under full information, and the other type \((L)\) distorts their coverage to prevent the higher-risk type from pooling with them.\(^9\) A necessary condition for such an equilibrium requires no deviation for the \(H\) type. This suggests that in such an equilibrium, the contracts \(L\) choose from have to give \(H\) no more expected utility than the first-best plan chosen by \(H\) (incentive compatibility).

I also look at equilibria in which premiums are a mechanical function of the expected covered losses given who sorts into that plan. Examples of such equilibria include Rothschild and Stiglitz (1976), and Azevedo and Gottlieb (2017). This model rules out equilibrium concepts with cross-subsidization among plans (as in Spence 1978).\(^10\) Note the similarity and difference of the problem faced by the low-risk type between this case and Case 1. In both cases, plans are priced based on expected covered loss of \(L\). However, in Case 1, \(L\) can choose from all possible contracts; In Case 2, \(L\) can only choose from incentive compatible contracts. These contracts prevent \(H\) from deviating from their equilibrium plan.

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\(^9\) Here, the \(H\) and \(L\) types are defined such that the incentive compatibility constraint for the \(H\) type is constrained while the incentive compatibility constraint for \(L\) is slack. The exercise is to characterize the property of such an equilibrium if it exists.

\(^10\) In Appendix A, I show a similar proposition which relaxes the premium requirement.
In summary, the equilibrium plan chosen by the low-risk type satisfies the following conditions:

\[ 0 \leq l_s \leq x_s, \]
\[ p(l) = \theta \sum_s f^L_s l_s + c, \]
\[ \sum_s u_H(w - x_s + l_s - p(l)) f^H_s \leq \sum_s u_H(w - x_s + l^*_{HS} - p(l^*_H)) f^H_s, \]

where \( l^*_H \) is the optimal plan \( H \) chooses under full information, and \( l^*_{HS} \) denotes the insurance indemnity implied by that plan in loss state \( s \). The only difference from the above case is the incentive compatibility constraint. This constraint makes the plan desired by the lower-risk type not only depend on the loss distribution of the lower-risk type, but also the higher-risk type.

Proposition 2 shows the property of the plans desired by the low-risk type:

**Proposition 2.** Suppose the market consists of two risk types, \( L \) and \( H \). Assume that there exist two non-zero loss states, \( s \) and \( t \), where \( x_s \neq x_t \) and \( f^L_s f^H_s \neq f^L_t f^H_t \). Suppose all possible contracts are available and the premium is a function of the expected covered expenditure. Among all contracts giving \( H \) the same utility as the optimal contract for \( H \) under full information, the one that maximizes the utility of \( L \) has a non-straight-deductible design.

Proof: see Appendix A.

Proposition 2 states that if the ratio of the probabilities of the two types \( (f^L_s / f^H_s) \) is different across some loss states, then the low-risk type would sort into plans with a non-straight-deductible design. The intuition can be illustrated starting from the original straight-deductible plan the low-risk type would choose under full information. Under such a plan, the consumption is the same across different loss states for all loss states above the deductible. Such a plan will not be incentive compatible, however, because it is priced based on the risk of the low-risk type, and makes the high-risk type want to deviate. Therefore, the low-risk type need to change their coverage to prevent pooling with the higher-risk type. They could achieve this by either reducing coverage for larger loss states or reducing coverage for small loss states. Now, if they reduce coverage of larger loss states and keep the same coverage of smaller loss states, they make the plan less attractive to the high-risk type since larger losses are more likely to happen for high-risk type. Sacrificing
coverage for large losses and transferring to coverage for small losses is less problematic for the low-risk type, though, since most of their losses are likely to be small.

**Case 3. Asymmetric Information with Perfect Risk Adjustment**

In many markets, regulators impose risk adjustment regulations to flatten premium differences among different plans and to remove screening incentives for insurers. Such regulation enforces a cross-subsidization from lower-risk type to higher-risk type. I consider a market with perfect risk adjustment where the premium reflects the market average risk and is a linear function of the expected costs that would be obtained if all risk types enroll in the plan.\textsuperscript{11} This approximates the regulatory environment in many US health insurance markets, including Medicare Advantage, Medicare Part D, and the ACA Exchange, and will be relevant for the empirical analyses in Section 3.\textsuperscript{12}

The premium is:

\[
p(I) = \frac{\theta}{2} \left( \sum_s f_s^L l_s + \sum_s f_s^H l_s \right) + c. \tag{3}
\]

The premium of insurance plans is a function of both types’ risk distributions and is the same regardless of which type sorts into the plan.

In this environment, I consider a subset of plans with a non-increasing implied consumption: for any loss states where \( x_z \leq x_t \), the implied consumption follows \( l_z - x_z \geq l_t - x_t \). Almost all comprehensive health insurance plans satisfy this property as the spending is typically accumulated annually. Proposition 3 characterizes the plans maximizing expected utility for each type:

\textsuperscript{11} This definition is a special case of the Einav, Finkelstein and Tebaldi (2018) framework. In their definition, a risk adjustment is defined as a transfer \( r_i \) to the insurer if individual \( i \) enrolls in the plan. Insurers’ profits are then defined as \( p_j - (\theta \sum_i f_i^L l_i - r_i) \). My setting is equivalent as setting \( r_i \) as the difference between the cost of insuring that type, \( \theta \sum_i f_i^L l_i \), and the market average cost. In a perfectly competitive market, the insurer will then set the premium at the level of the market average cost. The premium formula can be thought as a reduced-form of the market equilibrium with risk adjustment. Geruso et al. (2019) also uses the same formula to define perfect risk adjustment.

\textsuperscript{12} Except for its ability in capturing the key features of the regulatory environment, the perfect risk adjustment premium formula abstracts away from several institutional details. First, the formula abstracts away from the extensive margin of insurance demand. The premium formula is accurate only if \( l_z \) also incorporates risk types without any insurance. In practice, however, the risk adjustment transfers are typically based only on claims costs of people with a plan selection. I address this issue in Appendix E. Second, the premium formula implicitly assumes full community rating, while in many markets, including the ACA Exchanges, premiums can partially vary by age, household composition, etc.
**Proposition 3.** Suppose the market consists of two risk types, and the premium is a linear function of the expected covered expenditure of both types. Suppose for any two loss states $s$ and $t$, where $x_s > x_t$, it is also true that $\frac{f_s^L}{f_s^H} < \frac{f_t^L}{f_t^H}$. Among plans with non-increasing implied consumption, the higher-risk type will sort into a straight-deductible plan, but not the lower-risk type.

Proof: see Appendix A.

Under perfect risk adjustment, the premiums are effectively “shared” between the two types. The marginal cost of reducing out-of-pocket spending does not only depend on their own spending, but also the spending of the other type. Ideally, both types want to have the premium covering more of their own spending than the spending of the other type. Holding fixed a premium level, the straight-deductible plans give the low-risk type the lowest expected coverage relative to all other possible designs. This is because straight-deductible designs offer full coverage for larger losses, and it is that coverage that gets reflected in the premium for these plans. High-loss states though, are dominated by higher-risk individuals. Alternatively, a plan that gives up coverage of large losses for coinsurance rates of small losses is more beneficial to the low-risk type because they are more likely to incur small losses, and thus get more expected coverage from such a plan. This suggests that the plan desired by the low-risk type has coinsurance rates (if not full coverage) for smaller losses, and smaller or even no coverage for large losses. For the high-risk type, the opposite is true. A straight-deductible plan provides them with higher consumption in larger loss states, and are thus is preferred.

The results of Proposition 2 and 3 are a natural extension of the classic model of Arrow (1963) and Rothschild and Stiglitz (1976). My model extends Arrow (1963) by allowing for asymmetric information in loss distributions. My model extends Rothschild and Stiglitz (1976) by allowing for multiple loss states.\(^{13}\) While Arrow illustrate the first best plan for multiple loss states should have a straight-deductible design, Proposition 2 and 3 imply that under asymmetric information, different risk types will sort into different plan designs: The high-risk type chooses a straight-deductible plan, but not the low-risk type. Note that classic adverse selection forces in Rothschild and Stiglitz (1976) indicate that the coverage

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\(^{13}\) This modeling approach is similar as Crocker and Snow (2011).
for the lower-risk type will be distorted downward (become less than the efficient level of coverage) in a single-loss state scenario. My results characterize the form of that distortion in a multi-loss-state environment when all designs are available: The design desired by the lower-risk type deviates from the first-best straight-deductible design that would hold under full information and has (partial) insurance for smaller losses.

2.2 Simulation

In this section, I present a numerical example illustrating the sorting pattern based on an empirically realistic set of risk distributions.

2.2.1 Simulation Setup

The Demand Side. In this simulation, I parameterize the consumer preference using the constant-absolute-risk-aversion (CARA) utility function. Consumers are risk averse with a risk-aversion coefficient $\gamma_i > 0$.\(^\text{14}\) For the following simulation, I also assume homogenous risk aversion for the two types and set $\gamma = 0.0004$, which is the mean level of risk aversion estimated by Handel (2013) for a population of employees selecting among health insurance plans.

For my initial simulation, I continue to consider two risk types. In Section 2.2.2., I explain how I use data on health spending to model the ex-ante medical expenditure distributions of the different types in the simulation to reflect a realistic division of the population into a discrete set of types.

The Supply Side. For the premium, I assume insurers charge a premium 20% higher than the claims costs ($\theta = 1.2$).\(^\text{15}\) I simulate the premiums of each plan, either under no risk adjustment or perfect risk adjustment. For the no-risk adjustment case, I follow the equilibrium notion by Azevedo and Gottlieb (2017) to calculate the equilibrium plans (details are in Appendix A.)

The Choice Set. I consider a choice set with rich variation in the cost-sharing attributes. I allow for two broad categories of plan designs. The first category of plans has a three-arm design with four plan attributes: A deductible, an out-of-pocket-limit (OOP-limit, the

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\(^{14}\) This functional form removes income effects and is used in many prior works modeling insurance choice (e.g. Handel 2013; Abaluck and Gruber 2019).

\(^{15}\) Regulations adopted as part of the Affordable Care Act require insurers to have at least 80% or 85% (depending on the size) of their premium used to cover claims costs. When this regulation binds, it implies a loading factor of around 1.2.
maximum of the out-of-pocket spending per year), a coinsurance rate (the share of medical expenditure paid by consumers) before the deductible, and a coinsurance rate after the deductible. To make the simulation tractable, I discretize the contract space and assume the OOP-limit is no larger than $100,000. The second category consists of constant coinsurance plans, with a coinsurance rate ranging between zero and one.\textsuperscript{16} Both full insurance (in the form of zero constant coinsurance to consumers) and no insurance are in the choice set.

### 2.2.2 Constructing Risk Distributions from Claims Data

To simulate plans chosen by different risk types, I need information about the ex-ante medical expenditure distributions. I derive such information using the Truven MarketScan database, a large claims database for the US employer-sponsored plans. The Truven data have been used to benchmark health spending in many studies (for example, Geruso, Layton and Prinz 2019) and was also used to calculate the actuarial value (AV) for plans in the first two years of the ACA markets.\textsuperscript{17} I select a sample of individuals enrolled in a non-capitated plan in both 2012 and 2013. In total, there are 190,283 unique individuals in the sample.

The goal is to construct a few ex-ante risk types representing the heterogeneity in medical expenditure in the US health insurance markets. I use the k-means clustering method to get these groupings. K-means clustering is a non-supervised learning algorithm that groups individuals with similar characteristics together and puts individuals with dissimilar characteristics in different groups (Agterberg et al. 2019).\textsuperscript{18} I use age, gender, employment status, pre-existing conditions (constructed based on diagnosis codes and procedures performed), and medical expenditure in 2012 as inputs to the model. For illustrative purposes, I initially create two clusters and use these to separate the population into two risk types. I consider more risk types in Section 2.3.1. After obtaining the clusters, I fit a three-parameter log-normal distribution with a mass at zero to the 2013 medical expenditure data.

\textsuperscript{16} The three-arm design is popular in ACA Exchange, Medicare Part C and D, and employer sponsored insurance plans. Traditional Medicare plans are (a variation of) constant coinsurance plans.
\textsuperscript{17} Actuarial value is defined as the fraction of expenditure covered by a plan for an individual with market-average risk. Under perfect risk adjustment, the premium of a plan is a function of AV.
\textsuperscript{18} This method is different from the supervised learning approach (such as regressions) to predict medical expenditure and construct risk scores (Kautter et al. 2014).
expenditure for each group to get the risk distribution (Einav et al. 2013) and inflate the expenditure to 2017 dollars.

The resulting lower-risk type has an expected risk of $1,700 and a standard deviation of $7,100, representing 26% population in the sample. The higher risk has an expected risk of $7,200 and a standard deviation of $21,600. Appendix Figure 1 plots the probability density function of the two distributions. From the graph, it is clear that the two probability density functions have different shapes: The low-risk type has greater probability density on smaller losses while the high-risk type has greater probability density on larger losses.

2.2.3 Simulation Results

As expected from the analysis above, when there is no asymmetric information and both types face type-specific premiums, the straight deductible plans are optimal. Table 1 rows (1) and (2) show this result. The low-risk type desires a plan with a $933 straight-deductible, and the high-risk type desires a plan with an $1820 straight-deductible. Both are plausible and similar to the plans observed in the employer-sponsored market and the ACA Exchange. The deductible level is larger than zero (they get less than full insurance) because there is a positive loading in insurance plans. On average, the high-risk type has 83% of their expenses covered, and the low-risk type has 77% of their expenses covered.

[Table 1 Here]

When there is asymmetric information and no risk adjustment, the low-risk type sorts into a non-straight-deductible design with a constant coinsurance rate (paid by consumers) of 23%. The plan covers 77% of medical expenditures for the low-risk type at all loss levels.19 Even though the coverage level is similar to those under perfect information, there is a large distortion in the design such that the low-risk type is subject to a large variation in out-of-pocket spending. The high-risk type has no distortion and gets the same straight-deductible plan they would have chosen under full information.

The design distortion persists when there is perfect risk adjustment. The low-risk type still sorts into a non-straight-deductible design, though the OOP-limit is much smaller. In this case, the low-risk type sorts into a plan with a $7,300 deductible, a $20,500 OOP-limit, and a 20% coinsurance rate between the two. On average, only 28% of the expenses are

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19 This extremely high out-of-pocket limit in this example may be driven in part by the CARA utility form, which ignores income effects.
covered. This deviation from the first-best plan reflects both a coverage level distortion and a design distortion. The high-risk type, on the other hand, sorts into a straight-deductible plan with a $677 deductible. Risk adjustment also creates deviation for the high-risk type: The high-risk type is cross-subsidized by the low-risk type and sorts into plans with higher coverage.

2.3 Model Extensions

The pattern of sorting by plan design illustrated above is not specific to two risk types with a homogenous risk aversion level. In this section, I discuss the robustness of the pattern with more than two risk types, heterogeneity in risk aversion, and the existence of moral hazard responses.

2.3.1 More than Two Risk Types

The sorting on plan design mechanism can be easily extended to a market with more than two discrete risk types. The intuition is similar: Non-straight-deductible designs provide more coverage in loss states where the lower-risk types are more likely to experience relative to the higher-risk types. Appendix Figure 2 shows an example with 15 risk distributions constructed from the Truven MarketScan data. Under perfect risk adjustment, the types choosing the straight-deductible design have significantly more probability mass on the right tail of their loss distribution.

2.3.2 Heterogeneity in Risk Aversion

A growing literature documents the existence of advantageous selection. One potential explanation for it may be heterogeneity in risk aversion, or more specifically, risk aversion being negatively correlated to risk types (Finkelstein and McGarry 2006; Fang, Keane, and Silverman 2008). In my model, adding heterogeneity in risk aversion does not change the basic sorting pattern where different risk types prefer different designs. The proofs of Proposition 2 and 3 incorporate cases where the two risk types have different risk aversion. The sorting pattern persists as long as both types are risk averse.20

Risk aversion can explain how the sorting pattern can happen within a certain average coverage level and premiums when there is perfect risk adjustment in the market.

20 Proposition 2 relies on the assumption that at least one risk type has a binding incentive compatibility constraint, which depend on the parametric form of the utility function.
Intuitively, if low-risk types become more risk averse, they want more insurance coverage, yet the shape of their loss distribution relative to that of the high-risk types imply the low-risk types want to increase coverage for smaller losses marginally. I simulate that under perfect risk adjustment, if the above high- and low-risk type have risk aversion coefficients of 0.0005 and 0.002 respectively, then both desire a plan covering 85% of the market-average risk (which implies the two plans will have the same premium under perfect risk adjustment). The higher-risk type with lower risk aversion desires a plan with a straight-deductible of $1,234, and the lower-risk type with more risk aversion desires a plan with a $700 deductible, $3,200 OOP-limit, and 10% coinsurance rate between the two.

### 2.3.3 Moral Hazard

Literature shows the optimality of straight-deductible plan may not hold when there is ex-post moral hazard (Zeckhauser 1970). The empirical literature examining moral hazard in health insurance plans typically leverages the variation across different coverage levels (Einav et al. 2013; Brot-Goldberg et al. 2018). There is limited research modeling moral hazard responses when consumers face options with rich variations in financial designs within a coverage level, the focus of this paper. In this section, I modify my model to allow ex-post moral hazard responses in consumers’ utility function and illustrate the robustness of the sorting pattern when there is both moral hazard and adverse selection.

I follow the framework introduced by Einav et al. (2013) in modeling moral hazard. The model assumes that after the health risk is realized, individuals get utility from both the financial outcome and the level of medical expenditure. I assume that consumers over spend by 20% of the health shock when moving from no insurance to full insurance. I also assume that insurers can perfectly observe the level of ex-post moral hazard responses of each type, making the information asymmetry only come from ex-ante loss distribution. I then use the model to simulate the plans chosen by each risk type under different market conditions. The details of the model are in Appendix B.

There are two key insights from the model. First, under risk-based pricing, the plans desired by both types have straight-deductible designs, suggesting that this specific form of moral hazard responses alone cannot explain the existence of many different designs. Second, when there are both moral hazard and asymmetric information in the loss distributions, the plan desired by the higher-risk type has a straight deductible design, and
the plan desired by the lower-risk type has a non-straight-deductible design. These results suggest that the key prediction of my model, that high-risk prefers straight-deductible plans but not the low-risk, holds when there are both moral hazard and asymmetric information in risk types.

3. Empirical Analysis

In this section, I show evidence that the design sorting pattern plays a significant role in the current US health insurance market. I use the ACA Exchange data and document large variation in plan design, with a sizable demand for non-straight-deductible plans. I then document a sorting pattern into plan designs consistent with the prediction of the conceptual framework.

3.1 Institutional Background

The Affordable Care Act Exchange (the Exchange henceforth) was launched in 2014 and provides health insurance plans for non-elderly individuals whose employers do not offer plans or who are self-employed. Each state can either join the Federal Exchange or establish its state exchange. I focus on the federally administered Individual Exchange operated via healthcare.gov as it covers most states (40 states in 2017) and has the following regulations suitable to study the plan design variation.

The Exchange regulates the actuarial value of plans but leaves insurers with latitude to offer a range of different plan designs. The Exchange has regulation on the market-average actuarial value: Plans can only have a population-average AV of around 60%, 70%, 80%, and 90%, and are labeled as Bronze, Silver, Gold and Platinum plans respectively. The Exchange also requires plans to have an upper limit on out of pocket costs ($7,150 in 2017). Insurers are otherwise free to offer any cost-sharing attributes. Some state Exchanges (such as California) further regulate the plan designs, so I only focus on the Federal Exchange.

There are also ACA regulations limiting insurers' ability and incentive to do risk screening. The regulators calculate risk scores for enrollees and transfer money from insurers with a lower-cost risk pool to insurers with a higher-cost risk pool, to equalize plan

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21 Consumers with income level below a certain level are qualified for cost-sharing reduction variations, which have a higher AV than standard Silver plan and the same premium. Consumers below 30 are eligible for Catastrophic plans with minimum coverage.
costs across insurers. Further, there is a single risk pool pricing regulation to equalize plan costs within insurers. The premiums of plans offered by the same insurer will be set based on the overall risk pool of that insurer, not the risk of individuals enrolled in each plan. Third, community rating limits insurers’ ability to set premiums based on individual characteristics. Premiums can only vary by family composition, tobacco user status, and (partially) by age group. In the following analysis, I provide new evidence on the risk adjustment scheme in the ACA Exchange and discuss how the perfect risk-adjustment assumption likely holds along the plan design dimension.

3.2 Data

I use Health Insurance Exchange Public Use Files from 2014 to 2017. This dataset is a publicly available dataset of the universe of plans launched through healthcare.gov. Appendix Table 1 shows the states in the sample. I define a unique plan based on the plan ID administered by CMS, which is a unique combination of state, insurer, network, and cost-sharing attributes, and also is the level of choice in the menu faced by consumers.\(^{22}\) For each plan, I observe its financial attributes (deductibles, coinsurance rates, copays, OOP-limits, etc.), premium (which varies at plan-rating area level), and enrollment numbers in that plan (at plan-state level). I focus on the 2017 year for the main analysis, but the results are similar for other years.

For a subset of plans with a premium increase of more than 10\%, I can link them to the Uniform Rate Review Data and observe the average claims costs (including both insurer payments to providers and the consumer cost-sharing) at the plan-state level. I discuss these data in more detail in Section 3.4 when I examine the extent to which there is differential sorting across risk types into different plan designs.

3.3 Analysis of Plan Design Variations in the ACA Market

The market is populated with both straight-deductible and non-straight deductible plans. Table 2 shows the market share of straight-deductible plans over time. Take the year 2016 as an example. There are around 4,000 unique plans offered in this market. Among them,

\(^{22}\) As noted before, each Silver plan has three cost-sharing variations. In almost all cases, the straight-deductible design is consistent across the standard plans and the cost-sharing variations: either all variations have a straight deductible design, or none of them have a straight-deductible design. In such analyses, I count a Silver plan along with its variations as one plan, because the enrollment and claims costs are at plan level, not plan-variation level.
13% are straight-deductible plans. In total 9.7 million consumers purchased a plan in this market, and about 8.3% of them selected a straight-deductible plan.

Table 2 Here

There is also substantial variation in plan designs within a metal tier. Figure 1 shows the deductible and the out of pocket limits (OOP-limits) distribution by metal tier. For example, the OOP-limits of Gold plans vary between $2,000 and $7,000. Since the OOP-limits capture the worst-case risk, such variation represents a substantial difference in risk protection against the catastrophic risk.

Figure 1 Here

Figure 1 shows the variation among all plans launched in the Exchange. Any particular consumer in the market, however, only faces a subset of these plans. Consumers’ choice set varies at the county level, so I also calculate the plan variation faced by a particular consumer, averaged across all counties. The variation is smaller but still sizable. For example, on average, the range in OOP-limits of Gold plans faced by a particular consumer is $2,000.

To quantify whether the variation in plan designs within a metal tier is economically important, I evaluate each plan available in the Exchange for the individual facing the market-average risk. For this individual, plans in the same metal tier have similar AV and thus provide similar expected coverage. To capture the variation in plan design, I calculate the risk premium $R$, defined by the following formula:

$$E[u(w - a)] = u (w - E(a) - R),$$

where $w$ represents the wealth level, $a$ represents the stochastic out-of-pocket spending and $E(a)$ represents its expected value, and $u(\cdot)$ is the utility function. The risk premium for a plan is defined relative to a full-insurance benchmark. It represents the sure amount a person would need to receive to be indifferent between enrolling in that plan versus a full-insurance plan, when both plans are priced at their fair actuarial value. The risk premium

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23 The values are for a household with one individual, in-network, and first tier coverage. The deductible and the OOP-limits for families have a similar pattern. Most plans have almost all utilization coming from the in-network, first-tier providers. The Silver plans include only standard Silver plans and exclude cost-sharing variations available only to lower-income households.

24 On average, a consumer faces 20 options in their choice set.
is zero for a risk-neutral enrollee and is positive for risk-averse individuals. It increases when the level of uninsured risk increases.

To calculate the risk premium, I follow the literature in measuring the financial value of health insurance (for example, Handel 2013). I use the CARA utility model, so the wealth level is irrelevant. I set the risk-averse benchmark coefficient at 0.0004, which is the mean and median of the risk aversion estimated by Handel (2013) from health insurance plan choices after accounting for inertia. I also obtain the market-average risk in the ACA Exchange from the 2017 Actuarial Value Calculator.²⁵

The variation in the risk protection provided by different plan options within a metal tier is sizable for individuals facing the market average risk. Figure 2 shows the risk premium and the expected covered spending for all plans in the four metal tiers for 2017. The expected covered spending is a scaled function of AV, and the target metal tier is represented by the vertical lines. A substantial difference in risk premium exists for a range of AV levels. For example, among plans in the Silver tier, which have an AV around 70%, the smallest risk premium relative to full insurance is around $500 and is achieved by the straight-deductible plan (black line in Figure 2). In contrast, the largest risk premium for Silver plans is nearly $1,000 larger, originating from plans that have lower deductibles and OOP-limits closer to the maximum allowed by the regulation.

[Figure 2 Here]

In Appendix C, I show that the variation is stable over time, and not correlated to aggregate demand differences and insurer characteristics. I examine whether the risk premium variation is different 1) among different network types, 2) in larger, more competitive markets, and 3) whether there is a difference in plan design offering by for-profit insurers versus non-profit insurers, or by insurer size (measured by total premium and enrollment). None of these factors appear to correlate with plan design variations. Rather, the variation in plan design seems to be prevalent in many different markets. Most insurers offer a range of different designs within the same metal tier.

³⁴ Evidence of Sorting by Health into Different Plan Designs

The existence of the plan design variation creates room for selection. The theoretical analyses in Section 2 suggest that the straight-deductible designs are more attractive to the

higher-risk types. In this section, I examine whether this theory is empirically true in the context of the ACA Federal Exchange.

### 3.4.1 Data

The data I use is the Uniform Rate Review data. The first part of the data contains premium and claims cost information at the plan level. The rate review regulation requires insurers operating on the Exchange to submit justification for any plan experiencing a premium increase of more than 10%.

The justification includes detailed information on average premium and the average total medical expenditure during the last period. The total medical expenditure is the ex-post expenditure incurred by enrollees in a plan, including the insurer's liability, consumers’ cost-sharing, and any government payment toward medical treatment. I link about half of the plans in my sample with this information between 2014 and 2017, inclusive (the claims sample henceforth).

The second part of the data has premium and claims information at the insurer level. Unlike the plan-level information, all insurers are required to report insurer-level data, giving a better representation of the overall sample. I can link 74% of the insurers with plan-level information to the Uniform Rate Review data (baseline insurer sample). For the rest of the insurers, I match 98% of them in the Medical Loss Ratio filing, another insurer-level dataset reporting premium and insurer loss ratio information, but only for a limited number of variables of interest. Results using the Medical Loss Ratio data are similar and are presented in Appendix D.

### 3.4.2 Methodology

I measure the extent to which plans with a non-straight deductible design attract healthier enrollees than straight deductible designs in three ways. First, I examine the ex-post reported total medical expenditure between straight-deductible plans and the other designs within an insurer. There is a concern that the claims sample is biased because these plans are relatively “underpriced” and experience a higher premium increase. As a result, the sorting pattern may be confounded by other factors. To account for that concern, I

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26 In my dataset, insurers are a unique combination of insurer-state. I use “insurer” henceforth to represent insurer-state.

27 A fraction of low-income households are eligible for lower-cost-sharing plans, and the government pays a fraction of the out-of-pocket spending these households incurred.
leverage the fact that insurers are subject to the single risk pool requirement when setting a premium. This means if one particular plan experiences unexpected medical expenditure increases, the insurers are required to spread out these costs among the premiums of all plans offered, making all plans subject to reporting. In the claims sample, the majority (75%) of insurers report either all or none of their plans in this sample. As such, while the selection of insurers who have claims information at plan-level is a biased sub-sample, within each insurer, there is a more representative set of the plans they offer. In my plan-level analysis, I include insurer-year fixed effects so that the differences in claims costs between different plan designs are identified off of within-insurer variation.

Second, I examine the average medical expenditure at the insurer level as a function of the enrollment share in straight-deductible plans. Since all insurers are required to report the insurer-level information, there is less concern that the sample is biased when using the insurer-level sample.

Third, I examine the level of ex-ante risk adjustment transfers given to insurers as a function of the share of their plans that are straight deductible. The risk transfers will disentangle the impacts of moral hazard from adverse selection. This is because risk adjustment payments are calculated based on the average risk score of an insurer’s enrollees, which is a function of demographic information and pre-existing risk factors calculated from prior claims information. The transfers thus reflect an ex-ante risk other than moral hazard responses. This identification strategy is similar to Polyakova (2016).

3.4.3 Selection Pattern in the Federal Exchange

A comparison in unconditional means of the total medical expenditure illustrates that there is a strong correlation between average medical spending and plan designs, consistent with the theoretical predictions on sorting. Figure 3 shows the average monthly total medical expenditure (including insurer payment and consumer cost-sharing) for straight-deductible plans and the other designs across the metal tiers for plans in the claims sample. Holding fixed the metal tier, the straight-deductible plans have higher medical expenditure

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28 In the first two years of the ACA, risk transfers were calculated based on concurrent claims information, and as such did not reflect a true ex-ante risk measure. Limiting the analysis to later years where this was not an issue gives similar results.
than the other plans. The difference is more than $400 per month for Silver and Gold plans.29

[Figure 3 Here]

The regression results controlling for potential confounding factors show a similar pattern. In the first model, I regress total medical expenditure per member month on whether the plan is a straight-deductible design (“straight-deductible”), the actuarial value calculated based on market-average risk (“AV”). I also control for metal tier, network type, and insurer-year fixed effects. Occasionally, insurers may offer different plans in different counties. As such, I also control for fixed effects of the service areas among where each plan is launched. The comparison captures the difference between straight-deductible plans and other designs offered by the same insurer in the same year and launched in the same set of counties. Standard errors are clustered at the insurer level.

[Table 3 Here]

Table 3 column (1) shows the results. On average, straight-deductible plans attract individuals with significantly higher medical expenditure ($156 higher per month, and $1,872 annually), relative to the mean spending of $586 per month ($7,032 annually).

I also run a regression at the insurer-year level. The independent variables represent the share of enrollees in the straight-deductible design (“straight-deductible”). I further control for the average AV and the fraction of consumers in each metal tier and network type, along with state and year fixed effects. Table 4 column (1) shows the regression results. Similarly, there is a significantly higher total medical expenditure for insurers having a higher proportion of enrollees in the straight-deductible design.

The total expenditure difference mainly reflects selection rather than moral hazard responses. Table 4 column (3) shows the same regression with risk adjustment transfers per member month as the dependent variable. On average, the insurers with a higher share of straight-deductible plans receive significantly higher risk transfers ($143 per member month more transfers if moving from no straight-deductible enrollment to full straight-

29 The difference in the Bronze is smaller as these plans are constrained by the OOP-limit regulation and there is limited room for design difference. There are few Platinum plans in the market, so they are not shown in the graph.
The estimated risk transfer differences take account for more than 60% of the estimated differences in insurers liability.

My theoretical model illustrates how consumers sort into straight-deductible and non-straight-deductible plans when there are two risk types. With more risk types, which likely is the case of ACA, the same logic of sorting applies when designs are measured continuously based on how different they are from straight-deductible plans. To characterize this variation, I construct two continuous measures on plan designs: the relative risk premium defined in Section 3.3., and the fraction of losses covered when losses are smaller than a certain threshold (e.g. $2,000) for the average population. Within a coverage tier, straight-deductible or similar plans will have a smaller value of both measures, because they imply lower variance within a tier and offer less coverage for smaller losses. In Appendix D, I duplicate the above analysis by replacing the straight-deductible indicator with the two continuous measures. I found that within a tier, plans with smaller relative risk premium or covering less smaller losses experienced higher claim costs and received more risk transfers.

In summary, there is a significant difference in the total medical expenditure of different designs with similar coverage levels. A large part of this difference, if not all of it, is driven by the selection force from different risk types.

### 3.4.4 Risk Adjustment Scheme in the ACA

The goal of the risk adjustment program in the ACA is, “to compensate health insurance plans for differences in enrollee health mix so that plan premiums reflect differences in scope of coverage and other plan factors, but not differences in health status” (Kautter et al. 2014). My empirical analyses offer new insights into how well the risk adjustment scheme works in the Federal Exchange.

I find that different designs in the same metal tier offered by the same insurer have similar premiums. In this analysis, I consider two premiums. The first is the monthly

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30 Literature documents that selection in the ACA market happens along the dimension of age (Tebaldi 2015). In Appendix Table D4, I also construct insurer level measures on age profiles (fraction of enrollees who are 18-34, 35-54, above 55) and average income level and use them in the same regressions. It seems the coefficients in total expenditure, insurer liability and risk transfers are closer to zero, but still positive. These findings suggest the selection into straight-deductible plans may represent underlying risk distribution differences other than age.
premium for single coverage of 21-year-old non-tobacco users. The second is the average monthly premium per member collected by insurers, which takes into account the different age, tobacco-using, geographic markets, and household composition of a plan. The first measure is constructed using the dataset with all plans. Since the premium varies at rating area level (typically a group of neighboring counties within a state), each observation is a plan-rating area. The second measure is only available for plans in the claims sample.

First, based on the single risk pool requirement, plans with different designs should have similar premiums if they have the same AV. Table 3 columns (2) and (3) show that in both regressions, the coefficient for the straight-deductible dummy is almost zero. This result confirms that the single risk pool requirement is well enforced at the insurer level.

Second, the risk adjustment across different insurers flattens the premium among insurers with different proportions of straight-deductible plan enrollment. Table 4 column (4) shows that the coefficient of the straight-deductible market share is around $62, much smaller than the coefficient of the insurer liability regression (column (2)), and is not statistically significant. This result means insurers with a higher fraction of straight-deductible plans have similar average premiums relative to insurers with a lower fraction of straight-deductible plans.

Though for the most part risk adjustment flattens the premiums across different designs, the risk adjustment scheme may be imperfect and undercompensate the straight-deductible designs. In calculating the insurer’s likely payment toward a plan, the current risk adjustment formula assumes a fixed plan design (non-straight-deductible) for each metal tier. Given that the higher-risk types have more expense covered under straight-deductible plans than other plans in the same metal tier, the current formula underestimates the actual covered expenses of straight-deductible plans. This underestimation may partially explain the fact that the coefficient of risk transfers (Table 4 column (3)) is smaller than the coefficient of insurer liability (Table 4 column (2)).

My analyses suggest that when determining the risk transfers across insurers, regulators should account for the fact that straight-deductible plans cover more expenses for the

31 These differences may also reflect moral hazard. Note that besides risk adjustment, there are reinsurance and risk corridor programs to further adjust for the claims costs difference among different designs. But the reinsurance transfers will take in ex-post spending, thus are not considered here.
higher-risk types than other designs holding fixed a metal tier. A better formula to achieve the stated goal is to have the risk transfers depend on both the metal tier and the plan design consumers choose.

4. Implications for Plan Design Regulation

The existence of sorting by plan design has important implications for regulating the overall health insurance market. There is a wide public policy debate on whether and how to regulate plan designs. A few markets in the United States (including the California State Health Insurance Exchange) and other OECD countries (including the Netherlands and Switzerland) have adopted plan standardization regulations, mainly motivated by consumer confusion. However, there is no consensus on what the design of standardized plans: In the Netherlands, only straight-deductible plans are offered. In California, standardized plans have a non-straight-deductible design.

In this section, I explore the issue using the conceptual framework developed in Section 2. The counterfactual regulation is that insurers can only offer straight-deductible plans. I show that under asymmetric information, removing plan design variation may harm market efficiency and make the market more likely to “unravel”, in the sense that more individuals want to stay with their endowment than purchasing any insurance. I illustrate that the impacts of such policies hinge on the existence of risk adjustment and consumer confusion. I also estimate the likely benefits of such regulation in the ACA Federal Exchange.

Before delving into the details, I introduce two efficiency measures used throughout the section. The first is overall efficiency, defined as the net value of providing the plan to a certain individual minus the true costs to the society providing that coverage, weighted across the population:

\[ W = \sum a_i (v_{ij} - \theta l_{ij}) \]  

where \( a_i \) is the relative weight of each type and \( v_{ij} \) is the value for individual \( i \) choosing plan \( j \) calculated based on out-of-pocket spending (excluding premium). Under CARA utility, which I assume throughout the simulation and estimation, \( v_{ij} \) is the certainty equivalent of \( \int u(-OOP_j) dF_i \) relative to full insurance. It is separable from the costs of providing insurance or premiums because of CARA utility. \( \theta l_{ij} \) is the expected covered
spending multiplied by a loading factor ($\theta = 1.2$). Note that the true costs to the society of providing the plan, $\theta l_{ij}$, is the same as the premium only under an unregulated competitive equilibrium, but not the same under perfect risk adjustment.

The second is type $i$’s consumer surplus for choosing a specific plan $j$:

$$S_{ij} = v_{ij} - p_j - \text{tax},$$

where $p_j$ is the premium of the plan, $\text{tax}$ is a uniform tax imposed on the whole population if there is any difference in the overall premium collected and the claims costs plus loading incurred. Unregulated competitive markets have a neutral budget, so $\text{tax} = 0$. Under perfect risk adjustment, the budget may not be neutral without tax. I assume the market finances the difference through a tax or subsidy equally imposed on everyone in the market.

For both measures, I report the difference from the plans they choose under full information for ease of interpretation. A positive number in the surplus means consumers are better off than in the full information scenario. The efficiency measures are always non-positive (because the full information is the first-best).

**4.1 Design Regulation in a Competitive Equilibrium**

The existence of design variation creates a mechanism for screening that allows lower-risk type to get greater coverage while avoiding pooling with higher-risk type. Table 5 shows the plans chosen by the low-risk type constructed in Section 2.2.2 under different design regulations. In a separating equilibrium, the low-risk type sorts into a constant coinsurance plan where 77% of any loss is covered by insurance. Their surplus is $561 lower relative to the first best plan.

[Table 5 Here]

Removing the non-straight-deductible plans forces the low-risk type to choose a plan with a high deductible ($13,154) to avoid pooling with the high-risk type. Under this plan, only 23% of expenses are covered for the low-risk type. The consumer surplus is $1,256 lower than choosing the full-information optimal plan and almost $700 lower relative to no regulation. This amount is sizable given that the total expected medical expenditure of the low-risk type is around $1,700. The market-average efficiency is reduced by about $180 per person annually if the reduction in low-risk type’s surplus is allocated to both types.
This example illustrates the value of design variation in a market with heterogeneity in risk types and no risk adjustment: The existence of different designs helps sustain an equilibrium where there is much less coverage-level distortion. Removing design variation will make low-risk type sort into plans with little coverage. When the two risk types are different enough, the low-risk type may exit the market completely under the straight-deductible-only environment, but not without the design regulation.

4.2 Design Regulation under Risk Adjustment

In contrast to the prior case, regulating plan designs in a market with risk adjustment has ambiguous impacts on overall efficiency. The key difference from the no-risk-adjustment case is that the premium does not reflect the costs of the types who actually enroll in the plan, but the risk of the overall market. The average cost pricing means that lower-risk type pay a marginal price above their marginal cost if they choose plans with higher population-average actuarial values. However, if they consider two plans with the same population-average actuarial value that have different plan designs, they may be able to get additional coverage under higher-risk plan designs with no increase in price.

To illustrate the mechanism, I use the same two risk types and simulate the plans they choose under full information, no regulation, and design regulation. The results are in Table 6. There are two impacts of restricting plans to straight-deductible plans. First, the straight-deductible plan has lower coverage for the lower-risk type (26% versus 28%). From this perspective, moving to the straight-deductible plan reduces efficiency because the lower-risk type move away from their full information plan.

[Table 6 Here]

Second, the costs of choosing the non-straight-deductible plan relative to the straight-deductible plans are not fully borne by the lower-risk type. One way to see this cost-sharing is to compare it to the surplus for the higher-risk type. With or without regulation, the higher-risk type sort into the same straight-deductible plan with the same premium. However, their surplus increases by $3 under the straight-deductible regulation because of a smaller budget difference under the design regulation, which results in less tax imposed overall. This difference in tax means the lower-risk type do not fully bear the costs of choosing the non-straight-deductible plan and pass some of the costs to the higher-risk type.
(in the form of higher tax). This passing on of cost is equivalent to taking on extra coverage without paying the fair price. Removing such options removes this externality.

The two forces move in opposite directions, and the overall efficiency depends on the relative size of the two. In this numeric example, the average efficiency is reduced by $14 under the regulation.

The regulation can also have an impact on the extensive margin. In this specific example, the two risk types always choose some insurance over no insurance, so there is no interaction with the extensive margin. When there is more variation in the risk types in the market, some of the lowest risk types may choose to drop out of the market entirely. In these cases, the existence of plan design variation helps limit market unraveling (i.e. only higher risk types buy insurance): When there are only straight-deductible plans, the lower-risk types cannot find the plans providing enough coverage at a reasonable price, and they are more likely to exit the market than if there are other designs. Given that the premium is based on the risk of those who choose some insurance and participate in the market, this will increase the overall premium of the market, and create a feedback loop where the fraction insured decreases under the design regulation. In Appendix E, I provide a numeric example using 100 risk types created from the Truven MarketScan data. In the example, an additional five percent of the population will drop out of the market when there is a design regulation removing non-straight-deductible plans.²²

4.3 Consumer Confusion

Prior literature emphasizes the relevance of consumer confusion in this market (Abaluck and Gruber 2011, Abaluck and Gruber 2019; Bhargava et al. 2017). Under confusion, individuals may sort into a plan with a low value for them. Since in the full information case, all types want a straight-deductible plan, limiting plans to only these plans may help mitigate the consequence of sorting into the wrong plan.

The consequence of choosing the wrong plan is especially large for the higher-risk type. Take the two plans chosen by the two risk types in the perfect risk adjustment case as an example. The high-risk type loses about $3,620 in their surplus from choosing the plan

²² The simulation caps the deductible at $100,000. The least insurance one could get other than no insurance is a straight-deductible plan with a deductible of $100,000. Theoretically it is possible that consumers may prefer a plan with even higher deductible. The point is to think of this “no insurance” as carrying little coverage, if not truly no insurance.
intended for the low-risk type. For the low-risk type, choosing the plan of the higher-risk type is also bad for their surplus because that plan is too expensive for them. However, from the market efficiency perspective, the low-risk type gets more coverage under the plan chosen by the high-risk type and thus incurs positive efficiency to the society (about $1,155). This result suggests that restricting plans to straight-deductible plans might have sizable impacts on market efficiency with confusion and differential impacts on different risk types.

### 4.4 Estimating the Effects for the ACA Federal Exchange

In this section, I estimate the likely impacts of limiting plans to straight-deductible designs in the 2017 ACA Federal Exchange. Specifically, I compare the market outcome under two sets of menus: The actual 2017 plans offered in the ACA Exchange and a hypothetical choice set replacing all options with a straight-deductible plan of the same premium. This new choice set has the same number of options and the same premiums as the existing one. The only difference is that all plans have a straight-deductible design.

To represent the likely risk distributions in the ACA Exchange, I create 100 risk types from the Truven MarketScan data using the algorithm specified in Section 2.2.2. I shift the means of these distributions so that overall, these 100 risk types have the same average medical expenditure as in the 2017 ACA Federal Exchange. I also assume that consumers have a constant absolute risk aversion utility function with a risk aversion coefficient of 0.0004.

To compare the market consequence under the actual choice set and this hypothetical one, I make the following assumptions. Since I do not have information about the risk distributions at each county, I assume that all counties have the same risk distributions. In each county, there are a fraction of consumers who enjoy a premium subsidy or are eligible for cost-sharing reduction plans. These plans have a much more generous design but have the same premium as the associated standard Silver plans. I collect information on the fraction of each subsidized type and the amount of premium subsidy from the 2017 Open Enrollment Period County-Level Public Use File (OEP data). Finally, I assume that the individual mandate and premium subsidy lead everyone to choose an insurance plan, so no insurance is not in their choice set.
I assume that when selecting plans, individuals base their choice on a perceived utility from choosing plan $j$ given by:

$$v_{ij} = \int u(-OOP_j - p_j) dF_i + \beta \epsilon_{ij}.$$ 

The deterministic part, $\int u(-OOP_j - p_j) dF_i$, is a function of the out-of-pocket spending and premium. It determines the welfare-relevant value of each plan $j$ for individual $i$. For each plan, the premium $p_j$ is calculated assuming perfect risk adjustment, such that it reflects the costs of all risk types enrolled in the plan, multiplied by a loading factor of 1.2, and minus any premium subsidy. I assume that all risk types are equally likely to receive a subsidy. The fraction of people with subsidy varies by county and is collected from the OEP dataset.

The second component of the choice utility is an error component, $\epsilon_{ij}$ that is assumed to be i.i.d following the extreme value type one distribution. It affects the choice of each consumer but is not relevant for welfare. The error term allows me to incorporate the potential for consumer confusion into the simulations. Consumers in the ACA Exchange often face a large choice set, typically around 20 options in each county, making confusion a likely concern. In almost all counties, there are at least two designs within a metal tier. This variation may allow different risk types to sort into plans that suit their needs, but at the same time, it may create room for consumer confusion. The larger the scaling parameter $\beta$, in the utility function, the more randomness there will be in plan choice, which I use to model a greater level of consumer confusion.

I calculate the impacts of limiting plans to straight-deductible plans on overall efficiency, defined as the expected value to consumers from the chosen plan minus the expected cost to insurer to offer the plan coverage. Since premiums and government taxes are net transfers between consumers, they won’t affect the overall efficiency. I also calculate the consumer surplus for people with above (below) median expected medical expenditure (high and low risk types). The consumer surplus includes the premium and the transfers consumers get from the government. The average of consumer surplus weighted by each type’s population share is the overall efficiency.

[Figure 4 Here]

Figure 4 shows the welfare difference under the straight-deductible choice set and the current choice set. A positive surplus means consumers are better off under the straight-
deductible-only environment than facing the current ACA menu. The x-axis is the fraction of consumers choosing the non-optimal plan, an increasing function of $\beta$. When there is no confusion, limiting plans to straight-deductible design increases welfare by about $10 per person per year.

When consumers in the market are more likely to make a mistake in choosing plans, both the overall efficiency and the surplus for higher-risk types increase. For example, when 50% of consumers sort into a wrong plan, the average efficiency is $30 higher with regulation per year, and the surplus for the higher-risk types is $70 higher per year with regulation. However, such change is not a Pareto improvement: The lower-risk types are worse off under such regulation. At the 50% confusion level, they are worse off by about $10 per year under the design regulation.

The simulation illustrates that the level of confusion matters for the welfare implications of plan design. DeLeire et al. (2017) show that a low percentage of enrollees who are eligible for cost-sharing reduction plans select dominated options. Their findings suggest that consumers can effectively sort into the optimal metal tiers in the ACA Exchange. However, there is also a broader literature documenting confusion in health insurance choices in other settings. At present, is not well understood how consumers can best choose between plan designs with different cost-sharing designs in the ACA Exchange. This provides an avenue for future research.

5 Conclusion

In this paper, I identify an understudied dimension of sorting in insurance markets: Sorting by plan design. I prove that in a market with asymmetric information, lower-risk consumers will sort into designs with less coverage for larger losses in exchange for more coverage for smaller losses, while higher-risk consumers sort into straight-deductible plans. The sorting pattern exists in both a separating equilibrium without price regulation and a market with perfect risk adjustment.

This sorting pattern is empirically relevant in the US health insurance markets. I document that in the ACA Federal Exchange, there is large variation in the cost-sharing features of plans launched and chosen within a similar coverage level. Such variation in cost-sharing features translates to an economically significant difference in risk protection.
for consumers facing the market-average risk. I further show that within a coverage level, the straight-deductible plans have a similar premium as the other designs, but have significantly larger claims costs.

In sum, this paper argues for the importance of studying variation in plan design. My framework illustrates that coverage design variation is an important dimension of sorting under asymmetric information. This work also highlights an underappreciated perspective in evaluating design regulations. Prior literature recognizes that simplifying insurance contract characteristics can make it easier for consumers to compare across plans and can promote competition and efficiency. I illustrate that in a market with asymmetric information, plan design variation can also serve as a tool to separate different risk types and support an equilibrium where lower-risk consumers distort less in their coverage. As a result, removing plan design variation may make the market more likely to unravel and harm efficiency. The overall benefits of standardizing plan design thus depend on the relative importance of these concerns. This paper illustrates the trade-off in a market with risk adjustment and perfect competition. More research is needed to understand the implications of design variation when there is market power.

References


### Table 1. Plans Chosen Under Different Market Conditions

<table>
<thead>
<tr>
<th>Case</th>
<th>Risk Type/Risk-Based Pricing</th>
<th>No risk adjustment</th>
<th>Perfect risk adjustment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Risk-based pricing</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(1) H 1,820 1,820 1 0 83%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(2) L 933 933 1 0 77%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>No risk adjustment</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(3) H 1,820 1,820 1 0 83%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(4) L 0 / 0.23 0.23 77%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Perfect risk adjustment</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(5) H 677 677 1 0 92%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(6) L 7,300 20,500 1 0.2 28%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Note: Numbers from author’s calculation. co1 is the coinsurance rate before the deductible (paid by consumers). co2 is the coinsurance rate after the deductible (paid by consumers). For example, a coinsurance rate before the deductible being one means the consumer pays full expenditures before hitting the deductible. A straight-deductible plan has 1) the same deductible and out-of-pocket limit, 2) full consumer cost-sharing before hitting the deductible (co1=1), and 3) no cost-sharing after hitting the deductible (co2=0).*
<table>
<thead>
<tr>
<th>year</th>
<th>% plans that are straight-deductible</th>
<th>Total number of plans</th>
<th>% of consumers choosing straight-deductible</th>
<th>Total Number of consumers (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>10.5%</td>
<td>2,864</td>
<td>5.7%</td>
<td>5.5</td>
</tr>
<tr>
<td>2015</td>
<td>9.6%</td>
<td>4,573</td>
<td>7.5%</td>
<td>9.2</td>
</tr>
<tr>
<td>2016</td>
<td>13.0%</td>
<td>3,966</td>
<td>8.3%</td>
<td>9.7</td>
</tr>
<tr>
<td>2017</td>
<td>11.1%</td>
<td>3,106</td>
<td>4.7%</td>
<td>9.0</td>
</tr>
</tbody>
</table>

*Note:* The sample includes the universe of plans launched via healthcare.gov. The enrollment data of Silver plans represent four cost-sharing variations: The standard Silver plans and three cost-sharing reduction plans (which are only available to lower-income households). I classify straight-deductible for these plans based on the standard plan. Almost all Silver plans have either all of these variations with a straight-deductible design (with different deductibles) or none of them are straight-deductible plans.
Table 3. Average Monthly Total Medical Expenditure and Premium: Plan-Level

<table>
<thead>
<tr>
<th></th>
<th>(1) monthly total expenditure</th>
<th>(2) monthly premium collected</th>
<th>(3) charged</th>
</tr>
</thead>
<tbody>
<tr>
<td>straight-deductible</td>
<td>156.47</td>
<td>-1.13</td>
<td>-0.46</td>
</tr>
<tr>
<td></td>
<td>(23.46)</td>
<td>(3.14)</td>
<td>(1.62)</td>
</tr>
<tr>
<td>actuarial value</td>
<td>944.84</td>
<td>226.95</td>
<td>331.76</td>
</tr>
<tr>
<td></td>
<td>(288.00)</td>
<td>(81.45)</td>
<td>(69.89)</td>
</tr>
<tr>
<td>N</td>
<td>7,369</td>
<td>7,369</td>
<td>73,102</td>
</tr>
<tr>
<td>R²</td>
<td>0.30</td>
<td>0.28</td>
<td>0.57</td>
</tr>
<tr>
<td>y-mean</td>
<td>586.4</td>
<td>404.4</td>
<td>302.5</td>
</tr>
<tr>
<td>y-sd</td>
<td>593.6</td>
<td>233.5</td>
<td>105.0</td>
</tr>
<tr>
<td>Controls</td>
<td>metal tier, network type</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fixed Effects</td>
<td>insurer-serviceArea-year</td>
<td>insurer-year, rating area</td>
<td></td>
</tr>
</tbody>
</table>

Note: Straight-ddct is a dummy variable indicating whether the plan is a straight-deductible plan. The actuarial value of a plan is the fraction of losses covered for the average population, which varies no more than four percent within a metal tier. y-mean is the mean of the dependent variable and y-sd is the standard deviation of the dependent variable. Column (1) and (2) include plans between 2014 and 2017 with a premium increase for more than 10%. I dropped those reporting non-positive total expenditure or premium and plans with the top and bottom one percent of either value to avoid impact from extreme values. Each observation is a plan-state-year. The dependent variable in (1) is the average total medical expenditure per member month of enrollees in a plan, including consumer cost-sharing and insurer payments. The dependent variable in (2) is the average premium per member month. Column (3) includes all standard plans between 2014 and 2017. The dependent variable is the per-month premium of the single coverage for a 21-old non-tobacco user. Since premium varies by rating area, each observation is a plan-rating area-year. All standard errors are clustered at the insurer level and shown in parenthesis.
## Table 4. Average Monthly Total Medical Expenditure and Premium: Insurer-Level

<table>
<thead>
<tr>
<th></th>
<th>(1)</th>
<th>(2)</th>
<th>(3)</th>
<th>(4)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>total expenditure</td>
<td>insurer liability</td>
<td>risk transfers</td>
<td>average premium</td>
</tr>
<tr>
<td>share straight-ddct</td>
<td>275.25</td>
<td>235.81</td>
<td>142.93</td>
<td>61.68</td>
</tr>
<tr>
<td></td>
<td>(99.95)</td>
<td>(79.89)</td>
<td>(63.26)</td>
<td>(63.47)</td>
</tr>
<tr>
<td>average AV</td>
<td>1064.24</td>
<td>1135.15</td>
<td>571.61</td>
<td>244.30</td>
</tr>
<tr>
<td></td>
<td>(550.37)</td>
<td>(461.59)</td>
<td>(230.65)</td>
<td>(333.1)</td>
</tr>
<tr>
<td>N</td>
<td>617</td>
<td>617</td>
<td>617</td>
<td>617</td>
</tr>
<tr>
<td>R²</td>
<td>0.37</td>
<td>0.35</td>
<td>0.14</td>
<td>0.63</td>
</tr>
<tr>
<td>y-mean</td>
<td>474.7</td>
<td>357.1</td>
<td>-6.2</td>
<td>381.1</td>
</tr>
<tr>
<td>y-sd</td>
<td>124.1</td>
<td>102.5</td>
<td>66.0</td>
<td>97.4</td>
</tr>
<tr>
<td>Controls</td>
<td>metal tier, network type, state, year fixed effects</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Note: Each observation is an insurer-year. Straight-ddct is the share of enrollees choosing a straight-deductible design and AV is the average AV weighted by enrollment share of each plan. Metal tier and network type is the fraction of enrollment in each metal tier/network type within an insurer. The dependent variable in (1) is the average total medical expenditure of enrollees in a plan, including consumer cost-sharing and insurer payments. The dependent variable in (2) is the average medical expenditure paid by insurers. The dependent variable in (3) is the average risk transfers an insurer received. The dependent variable of (4) is the average premium. All dependent variables are per member month. The regressions are weighted by the enrollment at each insurer-year.*
## Table 5. Plans Chosen Under Design Regulation: No Risk Adjustment

<table>
<thead>
<tr>
<th></th>
<th>deductible</th>
<th>out-of-pocket limit</th>
<th>co1</th>
<th>co2</th>
<th>% losses covered</th>
<th>surplus</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Risk-based pricing</strong></td>
<td>(1)</td>
<td>933</td>
<td>933</td>
<td>1</td>
<td>0</td>
<td>77%</td>
</tr>
<tr>
<td><strong>No regulation</strong></td>
<td>(2)</td>
<td>0</td>
<td>/</td>
<td>0.23</td>
<td>0.23</td>
<td>77%</td>
</tr>
<tr>
<td><strong>Design regulation</strong></td>
<td>(3)</td>
<td>13,154</td>
<td>13,154</td>
<td>1</td>
<td>0</td>
<td>23%</td>
</tr>
</tbody>
</table>

*Note:* The table shows the plans chosen by the lower-risk type under three scenarios in a simulation. co1 is the coinsurance rate before the deductible paid by consumers. co2 is the coinsurance rate after the deductible paid by consumers. The consumer surplus (in this case, also the social surplus) is calculated relative to surplus achieved by the plan chosen under no asymmetric information of that type.
## Table 6. Plans Chosen Under Design Regulation: Perfect Risk Adjustment

<table>
<thead>
<tr>
<th>Risk type</th>
<th>co1</th>
<th>co2</th>
<th>% losses covered</th>
<th>Consumer Surplus</th>
<th>Average Efficiency</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Risk-based pricing</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H</td>
<td>1,820</td>
<td>1,820</td>
<td>1</td>
<td>0</td>
<td>83% 0</td>
</tr>
<tr>
<td>L</td>
<td>933</td>
<td>933</td>
<td>1</td>
<td>0</td>
<td>77% 0</td>
</tr>
<tr>
<td><strong>No Design Regulation</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H</td>
<td>677</td>
<td>677</td>
<td>1</td>
<td>0</td>
<td>92% $1,107</td>
</tr>
<tr>
<td>L</td>
<td>7,300</td>
<td>20,500</td>
<td>1</td>
<td>0.2</td>
<td>28% -$4,230</td>
</tr>
<tr>
<td><strong>Design Regulation</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H</td>
<td>677</td>
<td>677</td>
<td>1</td>
<td>0</td>
<td>92% $1,110</td>
</tr>
<tr>
<td>L</td>
<td>10,971</td>
<td>10,971</td>
<td>1</td>
<td>0</td>
<td>26% -$4,292</td>
</tr>
</tbody>
</table>

*Note: co1 is the coinsurance rate prior to the deductible paid by consumers. co2 is the coinsurance rate after the deductible paid by consumers. Consumer surplus is calculated as the net transfer to each risk type to make them indifferent to choosing that plan or the full information plan. The social surplus is calculated as the welfare of sorting into that plan from the social planner’s perspective.*
Figure 1. Distribution of the Deductible and the OOP-Limits by Metal Tier

Deductible

Note: Data from 2017 CMS Health Insurance Exchange Public Use Files. The sample includes all Exchange qualified health plans offered to individuals through the Health Insurance Exchange. For Silver tier, the sample excludes the cost-sharing reduction plans.
Figure 2. Risk Premium and Expected Covered Spending for 2017 Plans

Note: Data from 2017 CMS Health Insurance Exchange Public Use Files. The sample includes all Exchange qualified health plans offered to individuals via healthcare.gov. For Silver tier, the sample excludes the cost-sharing reduction plans. Risk premium and expected covered spending is calculated using the 2017 CMS AV Calculator Distribution. Each dot represents one unique plan. Arrow frontier shows the lowest possible risk premium conditional on expected covered spending level (achieved by straight-deductible plans) and does not represent actual plans. The vertical lines show the targeted actuarial value. Not all plans line up with the vertical lines perfectly, partially because the regulator allows for a two percent error margin, and partially because of measurement error in my calculation.
Figure 3. Average Total Expenditure per Member Month by Plan Design

Notes: The graph shows the mean and 95% confidence interval of the total medical expenditure of plans launched through the Federal Exchange in 2014-2017. Only plans with premium changes of more than 10% are reported in the Uniform Rate Review data. Such plans account for about 50% of the universe of plans launched.
Figure 4. Efficiency Effects of Regulating Plan Designs in ACA

Note: The y-axis represents the difference between the value under the design regulation and without the regulation. The regulation replaces all current ACA plans with a straight-deductible plan of the same premium.
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Appendix A. Proofs in Section 2

Proposition 1. Proof:
The optimization problem for the consumer is:

\[ v = \max_l \sum_s u(w - x_s + l_s - p(l)) f_s, \quad \forall l \]

subject to:

\[ 0 \leq l_s \leq x_s, \quad p(l) = \theta \sum_s f_sl_s + c. \]

\( l = (l_1, l_2, \ldots, l_s, \ldots, l_S) \) is the vector of the insurance payments in each state.

The Lagrange of the above optimization problem is:

\[ \mathcal{L}(l) = \sum_s u_L(w - x_s + l_s - p(l)) f_s^L - \lambda \left( \sum_s u_H(w - x_s + l_s - p(l)) f_s^H - A \right). \]

Let \( u'_{ls} \) denote the derivative of lower-risk type utility function with regard to consumption in loss state \( s \). The first-order condition is:

The first-order condition is:

\[ \frac{\partial v}{\partial l_s} = u'_s(1 - \theta l_s)f_s - \theta f_s \sum_{\tau \neq s} u'_{\tau}f_{\tau} \leq 0, \forall s, \]

with equality if \( l_s > 0 \). Note that the FOC can be rewritten as \( u'_s \leq \theta \sum_{\tau} u'_{\tau}f_{\tau} \). The right-hand side is the same for all states, which implies that once binding, \( x_s - l_s \) is a constant. Since \( u'' < 0 \), FOC is binding when \( x_s \) is larger than a certain level. Suppose \( x_d = d \) is the level where \( u'_s(w - x_d) = \theta \sum_{\tau} u'_{\tau}f_{\tau} \). Then the optimal insurance plan has the following form:

\[ l_s^* = \begin{cases} 0, & \text{if } x_s < d \\ x_s - d, & \text{if } x_s \geq d' \end{cases} \]

which is the straight-deductible design. ■

Proposition 2. Proof:
The optimization problem for the lower-risk type is:

\[ v = \max_l \sum_s u_L(w - x_s + l_s - p(l)) f_s^L. \]

subject to:

\[ 0 \leq l_s \leq x_s, \quad p(l) = \theta \sum_s f_sl_s + c, \]

\[ \sum_s u_H(w - x_s + l_s - p)f_s^H = A. \]

\( l = (l_1, l_2, \ldots, l_s, \ldots, l_S) \) is the vector of the insurance payments in each state. \( A \) represents the utility the higher-risk type gets from choosing their optimal contract under full information. The last condition thus represents the binding incentive compatibility constraint for the higher-risk type.

The Lagrange of the above optimization problem is:

\[ \mathcal{L}(l) = \sum_s u_L(w - x_s + l_s - p(l)) f_s^L - \lambda \left( \sum_s u_H(w - x_s + l_s - p(l)) f_s^H - A \right). \]

Let \( u'_{ls} \) denote the derivative of lower-risk type utility function with regard to consumption in loss state \( s \). The first-order condition is:
\[
\begin{align*}
    u'_{ls} - \lambda \frac{f^H_s}{f^L_s} u'_{hs} &\leq \theta \left( \sum_t u'_{lt} f^L_t - \lambda \sum_t u'_{ht} f^H_t \right) \forall s,
\end{align*}
\]

with equality if \( l_s > 0 \). Note that since the right-hand side is a constant, \( u'_{ls} - \lambda \frac{f^H_s}{f^L_s} u'_{hs} \) is the same across loss states with \( l_s > 0 \).

Now take two loss states \( s \) and \( t \) such that \( x_s \neq x_t, l_s > 0 \) and \( l_t > 0 \). \( \frac{f^H_s}{f^L_s} \neq \frac{f^H_t}{f^L_t} \) by assumption. Suppose that a straight deductible is optimal, then \( l_s - x_s = l_t - x_t \) (equal consumption when losses are larger than the deductible level). This then implies that \( u'_{ls} = u'_{lt} \) and \( u'_{hs} = u'_{ht} \). But since \( \frac{f^H_s}{f^L_s} \neq \frac{f^H_t}{f^L_t} \), \( u'_{ls} - \lambda \frac{f^H_s}{f^L_s} u'_{hs} \neq u'_{lt} - \lambda \frac{f^H_t}{f^L_t} u'_{ht} \), contradictory to (4). As a result, the optimal plan for the lower-risk type cannot be a straight-deductible plan. ■

**Discussion.** Proposition 2 assumes a specific form of premium: each plan’s premium breaks even based on who enroll in the plan. More generally, I can show that without specify the exact form of premium, straight-deductible cannot be an equilibrium for low-risk type because there exists a Pareto improvement created by a non-straight-deductible plan. Proposition A1 states the result.

**Proposition A1.** Suppose the market consists of two risk types, \( L \) and \( H \). Assume that for any two loss states where \( x_s \neq x_t \), we have \( \frac{f^H_s}{f^L_s} \neq \frac{f^H_t}{f^L_t} \). For any straight-deductible plan, there exists a non-straight deductible plan making \( H \) indifferent and making \( L \) strictly better off.

Proof: Fix a straight deductible plan with deductible \( d \). Take two loss states, \( s \) and \( t \) such that \( \frac{f^H_s}{f^L_s} < \frac{f^H_t}{f^L_t} \) and \( x_s > d, x_t > d \). This implies the consumption in \( s \) and \( t \) is the same, i.e. \( x_s - l_s = x_t - l_t = c \).

Consider a marginal coverage increase in \( s \) along the indifference curve of \( H \):

\[
    f^H_s u_H(c + \delta) + f^H_t u_H(c - \varepsilon) = f^H_s u_H(c) + f^H_t u_H(c).
\]

Equation (A1) implies that \( /d \varepsilon = -f^H_s/f^H_t \).

Now consider a marginal coverage change in \( s \) along the indifference curve for \( L \):

\[
    f^L_s u_L(c + \delta) + f^L_t u_L(c - \varepsilon) = f^L_s u_L(c) + f^L_t u_L(c).
\]

Equation (A2) implies that to make \( L \) indifferent, the relation between \( \delta \) and \( \varepsilon \) has to be such that \( /d \varepsilon = -f^L_s/f^L_t \).

Given that \( \frac{f^H_s}{f^L_s} < \frac{f^H_t}{f^L_t} \), the lower risk type is better off under the coverage increase in \( s \) along the indifference curve of \( H \), while \( H \) is indifferent. This marginal change in coverage implies a non-straight-deductible coverage, because it implies differential consumption after hitting the deductible. ■

A direct implication for Proposition 2 is that if the ratio of the probabilities of the two types \( (f^L_s/f^H_s) \) is different across loss states, then straight-deductible plan cannot be an
equilibrium plan for \( L \). Otherwise, insurers could offer an incentive compatible nonstraight-deductible plan which only attracts \( L \) and make them strictly better off. This breaks the equilibrium where both types choose straight-deductible plans.

**Proposition 3 Proof:**

Take any loss state \( s \), and assume that the \( \frac{f^L_s}{f^H_s} = \alpha \). The first-order condition of the coverage in state \( s \) for the higher-risk type is:

\[
u'_{sH} \leq \frac{\theta (\alpha + 1)}{2} \sum_{t} u'_{tH} f^H_t, \forall l_s,
\]

with equality if \( l_s > 0 \). Similarly, the first-order conditions for the lower-risk type are:

\[
u'_{sL} \leq \frac{2\theta}{(\alpha + 1)} \sum_{t} u'_{tL} f^L_t, \forall l_s,
\]

with equality if \( l_s > 0 \).

For any two loss states \( x_t > x_z \), we know that \( \frac{f^L_t}{f^H_t} < \frac{f^L_z}{f^H_z} \). This means whenever \( l_t > 0 \) and \( l_z > 0 \), \( u'_{tH} < u'_{zH} \) and \( u'_{tL} > u'_{zL} \). Since \( u''_H < 0 \) and \( u''_L < 0 \), \( l^*_H - x_t \geq l^*_H - x_z \) and \( l^*_L - x_t \leq l^*_L - x_z \). That is, the consumption in state \( t \) is always no smaller than the consumption in \( z \) for the higher-risk type, and the consumption in state \( z \) is always no smaller than the consumption in \( t \) for the lower-risk type.

Note that among the plans with non-increasing consumption, the implied consumption in \( t \) cannot be larger than the implied consumption in \( z \). This means the higher-risk type will either have zero indemnity at small loss states or a constant consumption \( c^* \) once the indemnity is positive. (They would want to have larger consumption in state \( t \) than in \( z \), but are not able to because of the non-increasing consumption constraint.) This means the higher-risk type will desire a straight-deductible plan. The lower-risk type is not constrained and will desire a plan with larger consumption for smaller losses (\( x_s \)) than in larger losses (\( x_t \)), a non-straight-deductible design.

**Procedure calculating the separating equilibrium**

To simulate the equilibrium plans chosen by the two risk types when there is no risk adjustment, I use the equilibrium concepts developed by Azevedo and Gottlieb (2017). The equilibrium is defined as a set of plans chosen by each risk type, and the premium schedule for both the traded and non-traded plans satisfying the following proposition: any non-traded plan has a premium such that some consumers are indifferent from buying or not, and that premium is no larger than the costs of that consumer.

To calculate the plans chosen by each type, I use the following procedure:

1. Calculate the optimal plan for the higher-risk type when premium reflects their own risk. Label this plan as \( H^* \).
2. Find the subset of plans which makes the higher-risk type no better off if priced based on the risk of the lower-risk type. Label these plans as in set \( C \). Label the rest plans as in set \( D \).
3. Among plans in \( C \), find the plan to maximize the utility of the lower-risk type. Label this plan as \( L^* \).
4. Assume \((H^*, L^*)\) is the separating equilibrium plan. Each is priced based on the risk of
the type who sorts into that plan.

5. The next step is to verify there exists a pricing scheme for all the other non-traded plans
satisfying the above proposition. This is equivalent to assigning a premium for each
plan assuming that they make at least one risk type indifferent to deviate and make the
other type no better off.

a. To do that, I first assign plans in set \(D\) a premium to make the higher-risk type
indifferent from buying or not: \(p’_H\).

b. I then assign plans in set \(C\) a premium to make the lower-risk type indifferent from
buying or not (\(p’_L\)). Among them, some will make the higher-risk type want to deviate.
Label them as in set \(E\). For these plans, reassign them a premium to make the higher-
risk type indifferent from buying or not (\(p’_H\)).

c. Verify that \((H^*, L^*)\) and \((p’_{jH}|j \in D \cup E, p’_{jL}|j \in C)\) is an equilibrium by checking
whether the incentive compatibility constraints hold. In the numeric example with two
risk types in Section 2.3, it holds.

Appendix B Moral Hazard Responses
Model
Following Einav et al. (2013), I assume that individuals have moral hazard responses
in medical spending. Individuals now will decide how many medical services to use after
observing the health risk draw. Let \(\lambda\) denote the negative health shock, measured as the
medical expenditure when individuals face no insurance. Their utility under plan \(j\) when
they spend \(m\) in health care given the negative health draw \(\lambda\), moral hazard level \(\omega\) is:

\[ u(m; \lambda, \omega, j) = \left[ (m - \lambda) - \frac{1}{2\omega(\lambda)} (m - \lambda)^2 \right] + \left[ y - p_j - c_j(m) \right], \]

where the item in the first bracket represents the utility from extra health (referred to as the
health component henceforth) and the second bracket indicates the monetary utility
(referred to as cost component henceforth). The moral hazard level, \(\omega\), is the extra medical
expenditure one will consume if one goes from no insurance to full insurance. The larger
the \(\omega\), the higher the moral hazard response. In the extreme case where \(\omega\) is zero,
the second term in the health component goes to negative infinity, so individuals will set \(m = \lambda\), under which case the model reduces to the previous one. The cost component is consists
of income \((y)\), the premium of plan \(j\) (\(p_j\)), and the out-of-pocket costs \((c_j(m))\) represents
the cost-sharing rule of plan \(j\). It specifies when the medical expenditure is \(m\), how much
the out-of-cost will be). In this model, the value of a plan comes from both the health and
cost component.

I then apply CARA utility function over \(u\) to get the final utility of choosing a plan:

\[ v_{ij} = - E(u) - \frac{1}{2} \text{Var}(u). \]

Whether and how moral hazard changes the incentive to insurers depends on whether
\(\omega\) is known to insurers and regulators when setting the premium and risk adjustment
formula. For simplicity, I assume insurers and regulators can perfectly predict the level of
moral hazard responses for each individual. Under this assumption, there is no strategic
interaction among individuals when there is only moral hazard responses. The information asymmetry only comes from differences in ex-ante loss distributions, which is known to the consumers and regulators, but not insurers.

**Simulation Results**

For simplicity, I model $\omega$ as proportional to the health shock. Appendix Table B1 provides a numeric example where the sorting pattern holds when there is both moral hazard and adverse selection, but not moral hazard alone. In this case, I assume that individuals will overspend 20% moving from no insurance to full insurance. When there is only moral hazard and premiums are set based on individual risk types, both risk types sort into a straight-deductible plan.\(^3\) When insurers cannot charge different premium to different individuals for the same plan, the low risk type sorts into a non-straight-deductible plan instead.

**Appendix Table B1 Plans Chosen with Moral Hazard**

<table>
<thead>
<tr>
<th></th>
<th>Risk type</th>
<th>deductible</th>
<th>out-of-pocket limit</th>
<th>co1</th>
<th>co2</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Case 1: Single Risk Type/Risk-Based Pricing</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Risk-based pricing</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(1) H</td>
<td>2,455</td>
<td>2,455</td>
<td>1</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>(2) L</td>
<td>1,512</td>
<td>1,512</td>
<td>1</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td><strong>Case 2: Asymmetric Information with Separating Equilibrium</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No risk adjustment</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(3) H</td>
<td>2,455</td>
<td>2,455</td>
<td>1</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>(4) L</td>
<td>0</td>
<td>$\infty$</td>
<td>0.22</td>
<td>0.22</td>
<td></td>
</tr>
<tr>
<td><strong>Case 3: Asymmetric Information with Perfect Risk Adjustment</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Perfect risk adjustment</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(5) H</td>
<td>1,177</td>
<td>1,177</td>
<td>1</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>(6) L</td>
<td>8,000</td>
<td>29,300</td>
<td>1</td>
<td>0.2</td>
<td></td>
</tr>
</tbody>
</table>

**Appendix C. Variation in Plan Designs by Regions and Insurers**

The plan design variation may reflect variation in aggregate demand or supply factors. To examine the issue, I document the correlation between design variation and the following factors.

First, the variation in plan designs is prevalent for different network types. To measure plan design variation, I calculate the relative risk premium of a plan as the risk premium minus the lowest risk premium of the plan with the same market-average AV. Appendix Figure C1 shows the distribution of relative risk premium of 2017 plans by four network types.

Second, the variation in risk premium is stable across markets with different size and competitiveness. For all plans in the 2017 Silver tier, I construct a new dataset where each observation represents one county-plan. I then classify plans based on their counties’ market size, measured as total plan selections, and competition intensity, measured by the number of insurers. I plot the relative risk premium by quartiles of county market size, and

---

\(^3\) Drèze and Schokkaert (2013) proved that when over expenditure is proportional to the health shock, the optimal plan under risk-based pricing has a straight-deductible design.
by the number of insurers. Appendix Figure C2 shows that the distribution of risk premium is similar for plans launched in counties with different market size, and different numbers of insurers.

Appendix Figure C1. Risk Premium and Network Type

Appendix Figure C2 Risk premium and county characteristics

Panel A: County Total Plan Selections         Panel B: Number of Insurers

Finally, I examine whether the plan design variation is prevalent among different insurers. I first calculate the variation in risk premium within Silver plans offered by the same insurer. Appendix Figure C3 Panel A shows that all insurers have some variation in plan designs, and more than half insurers have the range in risk premium larger than $400. I then examine whether the variation in plan designs are correlated with the for-profit status of an insurer, or the insurer size measured by the total member-months in the individual market. Panel B shows that the distribution of risk premium of 2017 Silver plans is similar among different insurers.
Appendix Figure C4. Risk Premium Variation among Insurers

Panel A: Distribution of within insurer relative risk premium range of 2017 Silver plans

Panel B: Not-for-profit status

Panel C: insurer size

Notes: Not-for-profit status classifies insurers based on whether they are for-profit (0) or not-for-profit (1). Insurer size is based on the total member month underwritten in the 2015 individual market, where 1 represents insurers with the member months larger than the median. Data from the 2015 Medical Loss Ratio filing.

Appendix D. Empirical Analysis: Robustness Checks

In the main text, I show that the straight-deductible plans have higher total medical expenditure and also receive more risk adjustment payments than other designs, both at plan level or aggregated at insurer level. In this section, I present the robustness check of these results using 1) a larger sample from Medical Loss Ratio filings 2) use risk premium for the market average population as a measure of plan design.

Appendix Table D1 shows the number of observations in different samples. Among all the insurer-years with plan information, 73.6% are in the baseline sample presented in Section 4. About 62.3% of them are in the Medical Loss Ratio filings (MLR), which have information on average premium, insurer claims costs (the amount insurers are liable to
pay per member month, not including consumer cost-sharing nor government payments). Some of them also have risk adjustment transfers. But there is no total medical expenditure information. I use this information to impute the missing information from the baseline sample as much as possible and resulting in two other datasets: the 815-sample accounting for 97.3% insurers with plan information. This sample has average premium and insurer claims costs information; the 744-sample accounts for 88.8% observations with risk adjustment transfer information.

### Appendix Table D1 Matching across Different Datasets

<table>
<thead>
<tr>
<th>Datasets</th>
<th># of insurer-year: 2014-2017</th>
<th>% matched</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insurer-year with plan information</td>
<td>838</td>
<td>100%</td>
</tr>
<tr>
<td>Uniform Rate Review (benchmark sample)</td>
<td>617</td>
<td>73.6%</td>
</tr>
<tr>
<td>Medical Loss Ratio filings</td>
<td>522</td>
<td>62.3%</td>
</tr>
<tr>
<td>Combined – premium, insurer claims costs</td>
<td>815</td>
<td>97.3%</td>
</tr>
<tr>
<td>Combined – risk adjustment</td>
<td>744</td>
<td>88.8%</td>
</tr>
<tr>
<td>Combined – total medical expenditure</td>
<td>617</td>
<td>73.6%</td>
</tr>
</tbody>
</table>

### Appendix Table D2. Robustness Check: MLR Sample

<table>
<thead>
<tr>
<th>Per month:</th>
<th>(1)</th>
<th>(2)</th>
<th>(3)</th>
</tr>
</thead>
<tbody>
<tr>
<td>insurer liability</td>
<td>161.85</td>
<td>114.75</td>
<td>8.30</td>
</tr>
<tr>
<td>risk transfers</td>
<td>(69.25)</td>
<td>(48.35)</td>
<td>(53.91)</td>
</tr>
<tr>
<td>AV</td>
<td>1,520.32</td>
<td>549.33</td>
<td>607.09</td>
</tr>
<tr>
<td></td>
<td>(417.41)</td>
<td>(194.71)</td>
<td>(295.92)</td>
</tr>
<tr>
<td>N</td>
<td>815</td>
<td>744</td>
<td>815</td>
</tr>
<tr>
<td>R²</td>
<td>0.17</td>
<td>0.12</td>
<td>0.54</td>
</tr>
<tr>
<td>y-mean</td>
<td>359.3</td>
<td>-6.1</td>
<td>379.8</td>
</tr>
<tr>
<td>y-sd</td>
<td>141.4</td>
<td>63.4</td>
<td>101.8</td>
</tr>
<tr>
<td>Controls</td>
<td>metal tier, network type, state fixed effects</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Note: Each observation is an insurer-year. Straight-ddct is the share of enrollees in the straight-deductible design, and AV is the average AV weighted by enrollment share of each plan. All dependent variables are per member month. The regressions are weighted by the total enrollment at each insurer-year level.*
### Appendix Table D3. Robustness Check: Continuous Plan Design Measure - Risk Premium

<table>
<thead>
<tr>
<th></th>
<th>(1)</th>
<th>(2)</th>
<th>(3)</th>
<th>(4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per month:</td>
<td>total expenditure</td>
<td>insurer liability</td>
<td>risk transfers</td>
<td>average premium</td>
</tr>
<tr>
<td>Relative risk premium</td>
<td>-24.96</td>
<td>-21.01</td>
<td>-18.34</td>
<td>-8.27</td>
</tr>
<tr>
<td>($100)</td>
<td>(6.77)</td>
<td>(5.62)</td>
<td>(3.89)</td>
<td>(4.02)</td>
</tr>
<tr>
<td>N</td>
<td>617</td>
<td>617</td>
<td>617</td>
<td>617</td>
</tr>
<tr>
<td>R²</td>
<td>0.66</td>
<td>0.43</td>
<td>0.23</td>
<td>0.64</td>
</tr>
<tr>
<td>y-mean</td>
<td>474.7</td>
<td>357.1</td>
<td>-6.2</td>
<td>381.1</td>
</tr>
<tr>
<td>y-sd</td>
<td>124.1</td>
<td>102.5</td>
<td>66.0</td>
<td>97.4</td>
</tr>
<tr>
<td>Controls</td>
<td>metal tier, network type, state fixed effects</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes: Each observation is an insurer-year. Relative risk premium is the insurer-level average weighted by enrollment share of each plan (straight-deductible plan will have a zero relative risk premium; the more different a design from a straight-deductible plan, the larger the relative risk premium), and AV is the average AV weighted by enrollment share of each plan. All dependent variables are per member month. The regressions are weighted by the total enrollment at each insurer-year level.

Appendix Table D2 shows that incorporating information from the MLR dataset is similar to the results in Section 4: the risk transfers and insurer claims costs are much higher for insurers with a higher proportion of enrollees in the straight-deductible plans, but the premiums are similar.

### Appendix Table D3. Robustness Check: Continuous Plan Design Measure - Fraction of Losses Covered Below $2,000

<table>
<thead>
<tr>
<th></th>
<th>(1)</th>
<th>(2)</th>
<th>(3)</th>
<th>(4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per month:</td>
<td>total expenditure</td>
<td>insurer liability</td>
<td>risk transfers</td>
<td>average premium</td>
</tr>
<tr>
<td>Frac2000</td>
<td>-267.92</td>
<td>-204.62</td>
<td>-235.11</td>
<td>-66.71</td>
</tr>
<tr>
<td></td>
<td>(122.60)</td>
<td>(101.92)</td>
<td>(64.91)</td>
<td>(70.39)</td>
</tr>
<tr>
<td>N</td>
<td>617</td>
<td>617</td>
<td>617</td>
<td>617</td>
</tr>
<tr>
<td>R²</td>
<td>0.37</td>
<td>0.35</td>
<td>0.17</td>
<td>0.63</td>
</tr>
<tr>
<td>y-mean</td>
<td>474.7</td>
<td>357.1</td>
<td>-6.2</td>
<td>381.1</td>
</tr>
<tr>
<td>y-sd</td>
<td>124.1</td>
<td>102.5</td>
<td>66.0</td>
<td>97.4</td>
</tr>
<tr>
<td>Controls</td>
<td>metal tier, network type, state fixed effects</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes: Each observation is an insurer-year. Frac2000 indicates the fraction of losses covered by each plan below $2,000 for an individual with the 2017 CMS AV Calculator Distribution, averaged within an insurer-year (within a tier, straight-deductible plans cover less, non-straight-deductible plans cover more). AV is the average AV weighted by enrollment share of each plan. All dependent variables are per member month. The regressions are weighted by the total enrollment at each insurer-year level.
I also examine the robustness of the main results using continuous measure of plan designs. I use two measures to capture the difference in plan designs within a tier: first, I use the relative risk premium calculated in Section 3.3. This measures reflects the risk premium of a design for an individual with a market average risk and is rescaled to 0 for straight-deductible designs. The higher the risk premium, the less risk protection it provides to the average risk, and the more attractive it should be for the lower-risk type. The measure is approximately a function of the variance of the out-of-pocket spending for the average population, and depends on the CARA utility functional form. I also calculate a second measure, the fraction of losses covered when losses are smaller than $2,000 for the market average population. The fraction of smaller losses covered measures makes no assumption on the functional form of the utility function. The smaller the value, the closer the design is to a straight-deductible plan.

Appendix Table D4. Robustness with Age and Income Profiles

<table>
<thead>
<tr>
<th>Per month:</th>
<th>(1)</th>
<th>(2)</th>
<th>(3)</th>
<th>(4)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>total</td>
<td>insurer</td>
<td>risk transfers</td>
<td>average</td>
</tr>
<tr>
<td></td>
<td>expenditure</td>
<td>liability</td>
<td></td>
<td>premium</td>
</tr>
<tr>
<td>straight-ddct</td>
<td>176.05</td>
<td>153.81</td>
<td>108.53</td>
<td>5.63</td>
</tr>
<tr>
<td></td>
<td>(94.07)</td>
<td>(76.44)</td>
<td>(56.28)</td>
<td>(62.62)</td>
</tr>
<tr>
<td>AV</td>
<td>1,561.67</td>
<td>1,548.31</td>
<td>905.11</td>
<td>312.82</td>
</tr>
<tr>
<td></td>
<td>(462.74)</td>
<td>(404.57)</td>
<td>(209.48)</td>
<td>(321.71)</td>
</tr>
<tr>
<td>N</td>
<td>603</td>
<td>603</td>
<td>603</td>
<td>603</td>
</tr>
<tr>
<td>R²</td>
<td>0.53</td>
<td>0.49</td>
<td>0.25</td>
<td>0.71</td>
</tr>
<tr>
<td>y-mean</td>
<td>475.5</td>
<td>357.9</td>
<td>-5.9</td>
<td>382.1</td>
</tr>
<tr>
<td>y-sd</td>
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<td>102.3</td>
<td>66.2</td>
<td>97.3</td>
</tr>
<tr>
<td>Controls</td>
<td>metal tier,</td>
<td>network type,</td>
<td>state fixed</td>
<td></td>
</tr>
<tr>
<td></td>
<td>state fixed</td>
<td></td>
<td>effects</td>
<td></td>
</tr>
</tbody>
</table>

Notes: Each observation is an insurer-year. Straight-ddct is the share of enrollees choosing a straight-deductible design and AV is the average AV weighted by enrollment share of each plan. Metal tier and network type is the fraction of enrollment in each metal tier/network type within an insurer. The dependent variable in (1) is the average total medical expenditure of enrollees in a plan, including consumer cost-sharing and insurer payments. The dependent variable in (2) is the average medical expenditure paid by insurers. The dependent variable in (3) is the average risk transfers an insurer received. The dependent variable of (4) is the average premium. All dependent variables are per member month. The regressions are weighted by the enrollment at each insurer-year.

Appendix Table D3 and D4 shows that the key results are the same using continuous measures of plan designs as independent variables. Plans with lower risk premium or covers less losses when losses are smaller than $2,000 attract individuals with high medical expenditure and risk scores. Besides, the premiums are similar.

Appendix E. The Extensive Margin

In this simulation, I assume there is no individual mandate or premium subsidy. Consumers have the option to choose no insurance. The premiums are set based on the risk pool of individuals who participate in the market. If some risk types choose no insurance,
then the premium will adjust to reflect only the risks of those who participate in the market, until the risk pool is stable.

I created 100 risk types using the method specified in Section 2.2.2 from the Truven MarketScan dataset. There is large heterogeneity in the risk distributions among these 100 types: the healthiest types have a mean medical expenditure of $620 and the least healthy types have a mean of $43,380.

<table>
<thead>
<tr>
<th>Table E1. The Intensive and Extensive Margin under Design Regulation</th>
</tr>
</thead>
<tbody>
<tr>
<td>% with insurance</td>
</tr>
<tr>
<td>No design regulation</td>
</tr>
<tr>
<td>Only straight-deductible plans</td>
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</table>

I simulate the insurance choice when the 100 risk types face two choice sets: all designs are available; only straight-deductible plans are available. Table E1 shows the results. Without regulation, about 84% population in the market choose some insurance. The number reduced to 78% under the design regulation. The design regulation also has small impacts on the intensive margin: among those choosing an insurance plan, the average effective coverage level reduces from 71.35% to 70.56%.

This analysis illustrates how the design variation interacts with the extensive margin. With design variation, lower-risk types are more likely to stay in the market. Restricting plans to only straight-deductible design will drive the lower-risk types out of the market. This will, in turn, creates a feedback loop for the premiums and lower the average enrollment. On average, imposing the regulation reduces the market-average efficiency by $9.

### Appendix Table 1. States in the Sample

<table>
<thead>
<tr>
<th>Year</th>
<th>States</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>AK, AL, AR, AZ, DE, FL, GA, IA, ID, IL, IN, KS, LA, ME, MI, MO, MS, MT, NC, ND, NE, NH, NJ, NM, OH, OK, PA, SC, SD, TN, TX, UT, VA, WI, WV, WY</td>
</tr>
<tr>
<td>2015</td>
<td>AK, AL, AR, AZ, DE, FL, GA, IA, IL, IN, KS, LA, ME, MI, MO, MS, MT, NC, ND, NE, NH, NJ, NM, NV, OH, OK, OR, PA, SC, SD, TN, TX, UT, VA, WI, WV, WY</td>
</tr>
<tr>
<td>2016</td>
<td>AK, AL, AR, AZ, DE, FL, GA, HI, IA, IL, IN, KS, LA, ME, MI, MO, MS, MT, NC, ND, NE, NH, NJ, NM, NV, OH, OK, OR, PA, SC, SD, TN, TX, UT, VA, WI, WV, WY</td>
</tr>
<tr>
<td>2017</td>
<td>AK, AL, AR, AZ, DE, FL, GA, HI, IA, IL, IN, KS, KY, LA, ME, MI, MO, MS, MT, NC, ND, NE, NH, NJ, NM, NV, OH, OK, OR, PA, SC, SD, TN, TX, UT, VA, WI, WV, WY</td>
</tr>
</tbody>
</table>
Appendix Figure 1. PDF of the Two Benchmark Risk Distributions

Note: Author estimation from Truven MarketScan data.

Appendix Figure 2. Probability Density Functions of Risk Types Choosing Different Designs

Note: Author estimation from Truven MarketScan data. Distributions colored in blue (with relatively more weights on larger losses) are those choosing a straight-deductible plan, and that colored red (with relatively more weights on smaller losses) choose a non-straight-deductible design. The probability density function at 0 is not plotted in the graph to make it more readable.